NEW PROGRAMS
NOW AVAILABLE

Supplemental to the 2015–2016 Catalog
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**Continuing Education for Nurses**

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**Continuing Education for Long Term Care Administrators**

These courses are designated for continuing education for nursing home administrators by the National Association of Boards of Examiners of Long Term Care Administrators.
Airway Care: Tracheostomy Care, Tube Change, and Artificial Airway Cuff Management  M239S

Medom’s classic Airway Care program has been updated with a new look and feel, yet continues to show nurses and other healthcare professionals how to maintain airway patency and prevent infection when providing care to the patient with a tracheostomy tube. Additional procedures demonstrated and described include:

• Caring for the stoma
• Providing effective communication
• Providing emotional support

After viewing this program, the learner should be able to:

• Describe the function of a tracheostomy tube
• Explain the procedure for cleaning and changing the inner cannula
• Describe care for the stoma
• Describe the procedure for changing a tracheostomy tube
• Identify complications associated with over-inflation of a soft cuff
• Describe the preferred procedure for maintaining adequate cuff pressure

DVD runtime: 26:10 min.  © 2018  Reg. Price $315

Suctioning Series

Suctioning:

Nasotracheal Suctioning and Monitoring Complications  M234UA

The first part of Medom’s classic Suctioning Series has been updated with a new look and feel, yet continues to provide healthcare professionals with demonstrations of the fundamentals of airway suctioning. This program describes the anatomy of the airway, demonstrates methods designed to mobilize respiratory secretions, demonstrates nasotracheal suctioning techniques used to remove accumulated secretions, and describes potential complications to monitor. After viewing this program, the learner should be able to:

• List the physiological effects of accumulated respiratory secretions
• Describe the technique for nasotracheal suctioning and indications for its use
• Identify assessment findings used to establish the need for suctioning
• Name potential complications of the suctioning procedures


Suctioning: Oropharyngeal and Endotracheal Techniques  M234UB

The second part of Medom’s classic Suctioning Series—updated with a new look and feel—describes the anatomy of the airway, demonstrates oropharyngeal suctioning techniques, and both open and closed in-line endotracheal suctioning techniques used to remove accumulated secretions. After viewing this program, the learner should be able to:

• Demonstrate the technique for oropharyngeal suctioning
• Describe proper placement of the oropharyngeal and nasopharyngeal airways
• Demonstrate the technique for open endotracheal suctioning
• Demonstrate the technique for closed, in-line endotracheal suctioning

DVD runtime: 26:10 min.  © 2018  Reg. Price $315
Cardiac Auscultation Series

Cardiac Auscultation: The Anatomy and Physiology of Heart Sounds M259AT
It is critical for healthcare professionals to have a sense of familiarity with normal and abnormal heart sounds, as it provides the basic foundation for many clinical assessments. The primary focus of this program is cardiac auscultation, a skill that can be lost without review and practice. In addition to listening to the sounds of the heart, this program will also review the anatomy and physiology of the heart and the sounds it produces as it works. After viewing this program, the learner should be able to:
• Describe the anatomy and physiology of the heart
• Describe the cardiac cycle
• Identify the main events displayed on the electrocardiograph tracing
• Break down and identify the heart sounds and explain why each sound occurs
DVD runtime: 14:38 min. © 2018 Reg. Price $315

Cardiac Auscultation: The Process of Basic Cardiac Auscultation M259BS
Like most assessments, there is a clear process of how to go about checking on the overall status of an individual, and it is no different with heart sounds. This program provides nurses and other healthcare professionals with a thorough understanding of auscultation techniques and practices, including the basic process of cardiac auscultation, identifying landmarks where cardiac sounds can best be heard, proper positioning of the patient and how to record observations. After viewing this program, the learner should be able to:
• Describe the components of the stethoscope and their individual and combined functions
• Explain and perform basic cardiac auscultation
• Identify the landmarks where cardiac auscultation can be heard
• Properly position the patient to perform cardiac auscultation
• Accurately record what you observe during cardiac auscultation
DVD runtime: 13:05 min. © 2018 Reg. Price $315

Cardiac Auscultation: Normal Heart Sounds M259CR
When performing cardiac auscultation on a patient, it requires knowledge of what heart sounds are normal and a methodical approach with careful attention to the sounds produced during the cardiac cycle. Various information can be gathered from this assessment, as it provides information about the rate and rhythm of the heart, valve functioning and possible anatomical defects. This program provides nurses and other healthcare professionals with a thorough understanding of the various normal heart sounds and examples of these sounds to provide a basis for differentiating normal and abnormal sounds. After viewing this program, the learner should be able to:
• Describe what produces the S1 and S2 sound
• Identify the normal S1 sound and understand the various factors that can affect the S1 sound
• Identify the normal S2 sound and understand the various factors that can affect the S2 sound
• Identify the normal S3 and S4 sounds and understand the various factors that can affect the S3 and S4 sounds
• Describe why and how the main extra heart sounds occur
DVD runtime: 17:33 min. © 2018 Reg. Price $315

Cardiac Auscultation: Abnormal Heart Sounds, Part 1 M259DR
A broad variety of information can be understood about a patient during the process of cardiac auscultation. It requires knowledge of what heart sounds are normal in order to be able to clearly understand what is abnormal, which is the focus of this two part series. This 2-part Basic Skills series on abnormal heart sounds provides descriptions and examples of abnormal heart murmurs allowing the learner to differentiate between normal and abnormal heart sounds. After viewing this program, the learner should be able to:
• Explain what causes abnormal heart sounds or heart murmurs
• Distinguish the two main valve dysfunctions: regurgitation and stenosis
• Describe the main causes of valve dysfunction
• Identify the main characteristics of murmurs, including timing, shape, location, radiation, intensity, pitch and quality
• Rate the intensity of a heart murmur on the 6-grade Levine scale
• Identify mitral regurgitation
• Identify tricuspid regurgitation
DVD runtime: 19:32 min. © 2018 Reg. Price $315

Cardiac Auscultation: Abnormal Heart Sounds, Part 2 M259ER
This 2-part Basic Skills series on abnormal heart sounds provides descriptions and examples of abnormal heart murmurs allowing the learner to differentiate between normal and abnormal heart sounds. Nurses providing direct patient care need to develop the skills to recognize normal heart sounds and to differentiate these from abnormal heart sounds and murmurs. After viewing this program, the learner should be able to identify the characteristics and accurately assess the symptoms of:
• Ventricular Septal Defect
• Aortic Stenosis
• Pulmonary Stenosis
• Atrial Septal Defects
• Innocent Systolic Murmurs
• Murmurs of Mitral Stenosis
• Tricuspid Stenosis
• Murmurs of Aortic Regurgitation
• Murmurs of Pulmonary Regurgitation
DVD runtime: 19:30 min. © 2018 Reg. Price $315
Nursing Assessment Series

Nursing Assessment: The Key to Quality Patient Care    78852R
One of the most important parts in ensuring that patients receive quality care is the nursing assessment. Nurses are held with high regard by patients and families, and the detailed assessment is an integral part of the process. This program discusses the development of good assessment skills, the role of intuition, and the importance of the patient’s self-assessment in determining patient care needs. Documentation and change of shift report are also covered. This program provides an overview of the patient assessment process, and how it correlates with quality patient care. After viewing this program, the learner should be able to:

- Explain the clinical importance of the nursing assessment
- List the “tools” used for making an objective assessment of a patient
- Explain the value of reports from the patient, family members, and friends
- List other sources of information which allow for a more complete assessment
- Describe processes involved with documenting and reporting an assessment

DVD runtime: 16:45 min. © 2018 Reg. Price $315

Nursing Assessment: The Cardiovascular System, Part 1: Anatomy and Subjective Data    78854AR
This program focuses on the assessment of the cardiovascular system complete with a subjective assessment to make the patient feel more comfortable, and an objective portion, which covers palpation, auscultation, and examples of breath sounds. After viewing this program, the learner should be able to:

- Describe the anatomy and physiology of the cardiovascular system
- Explain the use of subjective information in an assessment of the cardiovascular system
- Identify objective signs of health status in an assessment of the cardiovascular system
- Describe the basic process of lung auscultation
- Differentiate between normal and adventitious breath sounds
- Describe abnormalities and anomalies of the respiratory system

DVD runtime: 21:30 min. © 2018 Reg. Price $315

Nursing Assessment: The Cardiovascular System, Part 2: Objective Data    78854BR
It may seem that delivering oxygen and nutrition to different parts of the body is simple, but it can mean the difference between life and death for a person if any of these complex processes fail. For this reason, it is pertinent for nurses to be skilled in collecting objective data for the assessment of the cardiovascular system. After viewing this program, the learner should be able to:

- Describe the process for palpation of the lymph nodes
- Describe assessment of the neck vessels
- Describe assessment of the peripheral pulses
- Describe the process for auscultation of the carotid arteries and heart
- Describe eight characteristics used to assess heart murmurs

DVD runtime: 20:43 min. © 2018 Reg. Price $315

Nursing Assessment: The Respiratory System    78853R
This program focuses on the assessment of the respiratory system complete with a subjective assessment which covers palpation, auscultation, and examples of breath sounds. After viewing this program, the learner should be able to:

- List key questions to ask when taking the patient’s history
- Identify the three main parts of the brain
- Describe the anatomy and physiology of the nervous system
- Explain the importance of subjective information in an assessment of the nervous system
- Describe key areas to assess in the jaw, neck and shoulders, the upper and lower extremities, and the spinal column
- Identify examples of musculoskeletal abnormalities

DVD runtime: 21:30 min. © 2018 Reg. Price $315

Nursing Assessment: The Digestive System    78856R
It is important to address and discover any potential difficulties that arise in regards to the digestive system, which makes it a focal point of the nursing assessment. This program focuses on the subjective assessment with concerns related to both digestion and elimination, as well as the objective assessment. Digestive disorders such as GERD, hernia, appendicitis, and Crohn’s Disease are also discussed in this program. After viewing this program, the learner should be able to:

- Describe the anatomy and physiology of the digestive system
- Explain the importance of subjective information in an assessment of the digestive system
- Identify objective signs of health status in an assessment of the digestive system
- Identify the 4 quadrants of the abdomen
- Identify common areas for hernias
- List four tests used to detect colorectal cancer

DVD runtime: 20:28 min. © 2018 Reg. Price $315

Nursing Assessment: The Musculoskeletal System    78855R
The assessment of the musculoskeletal system is one that places a focus on the structure and function of the anatomy. During the subjective assessment, patients are asked questions that would explain what brought them into the clinic or hospital in the first place, while the objective assessment addresses the various regions of the system from the upper and lower extremities to the spinal column. After viewing this program, the learner should be able to:

- Describe the anatomy and physiology of the musculoskeletal system
- Explain the importance of subjective information in an assessment of the musculoskeletal system
- Identify objective signs of health status in an assessment of the musculoskeletal system
- Describe key areas to assess in the jaw, neck and shoulders, the upper and lower extremities, and the spinal column
- Identify examples of musculoskeletal abnormalities


Nursing Assessment: The Nervous System, Part 1: Anatomy and Subjective Data    78857AR
The nervous system is a critical element in helping all parts of the body to communicate with one another. The assessment begins with a good understanding of its components to ensure for quality patient care. This program focuses on the complex anatomy of this system, as well as the subjective data within the exam. After viewing this program, the learner should be able to:

- Describe the anatomy and physiology of the nervous system
- Explain the importance of subjective information in an assessment of the nervous system
- Identify the three main parts of the brain
- List key questions to ask when taking the patient’s history

DVD runtime: 18:11 min. © 2018 Reg. Price $315
Nursing Assessment: The Nervous System, Part 2: Objective Data 78857BR
The nervous system is complex and requires an extensive objective assessment without compromising quality care. The detailed objective assessment is an integral part of the process. At each step, specific tests must be performed with results documented, always with an alertness for abnormal neurological findings that will require additional follow-up evaluation. After viewing this program, the learner should be able to:
- Describe tests used to assess each of the 12 cranial nerves
- Describe tests used to assess the motor nerves and cerebellar function
- Describe tests used to provide a generalized assessment of the sensory system
- List the tests used to assess reflexes
- Explain the use of tests for assessing level of consciousness and when they are appropriate to use
- List examples of neurological abnormalities

Nursing Assessment: The Integumentary System 78858R
The assessment of the integumentary system places the focal point on one of the largest organs of the human body: the skin, and includes information on common skin findings, pressure ulcer prevention, and skin turgor. The nursing assessment also includes the hair and the nails. After viewing this program, the learner should be able to:
- Describe the anatomy and physiology of the components of the integumentary system including the skin, hair, and nails
- Explain the importance of subjective information in an assessment of the integumentary system
- Describe abnormalities that should be looked for during an assessment of the skin, hair, and nails
- List key questions to ask when taking the patient’s history

Nursing Assessment: Head and Neck, Mouth and Throat 78859R
The assessment of the head, neck, mouth, and throat is an important part of the exam because the head includes many complex organs and functions. This program includes palpation of the skull, neck, and trachea, and conditions that affect each region of the subjective and objective assessment. After viewing this program, the learner should be able to:
- Describe the anatomy and physiology of the head, neck, mouth, and throat
- Describe both subjective and objective data to obtain in the head and neck assessment
- Describe subjective and objective data to obtain in the mouth and throat assessment
- Describe specific abnormalities that should be observed for during an assessment of the head, neck, mouth, and throat
- List key questions to ask when taking the patient’s history
DVD runtime: 16:27 min. © 2018 Reg. Price $315

Nursing Assessment: Eyes, Ears, and Nose 78860R
The focus of this program is three specialized structures of the face and head—the eyes, ears and nose. Each of these is discussed individually and demonstrations of both the subjective and objective assessment of these sensory organs is provided. After viewing this program, the learner should be able to:
- Describe the anatomy and physiology of the components of the eyes, ears, and nose
- Describe both subjective and objective data to obtain in the assessment of the eyes, ears, and nose
- Describe specific abnormalities that should be observed for during an assessment of the eyes, ears, and nose
- List key questions to ask when taking the patient’s history
DVD runtime: 18:41 min. © 2018 Reg. Price $315

Nursing Assessment: The Male Genitourinary System 78861R
The assessment of the male genitourinary system includes both the urinary and reproductive systems. This program places a focus on the anatomical structure and function within these systems during the objective assessment, and patients are made to feel comfortable during the subjective assessment. After viewing this program, the learner should be able to:
- Describe the anatomy and physiology of the male genitourinary system
- Describe subjective data to obtain in the assessment of the male genitourinary system
- Describe objective data to obtain in the assessment of the male genitourinary system
- Describe specific abnormalities that should be observed for during an assessment of the male genitourinary system
- List key questions to ask when taking the patient’s history
DVD runtime: 18:51 min. © 2018 Reg. Price $315

Nursing Assessment: The Female Genitourinary System 78863R
The program begins with an overview of the anatomy of the female genitourinary system and the breast. The assessment portion begins with a reproductive and urinary health history, including menstrual difficulties and an obstetrical history. The objective assessment portion provides a demonstration of urine testing and includes information of the effects of foods, vitamins, and medications on urine. After viewing this program, the learner should be able to:
- Describe the anatomy and physiology of the female genitourinary system and breasts
- Describe subjective data to obtain in the assessment of the female genitourinary system and breasts
- Describe objective data to obtain in the assessment of the breasts
- Describe objective data to obtain in the assessment of the female genitourinary system
- Describe specific abnormalities that should be observed for during an assessment of the breasts and female genitourinary system
- List key questions to ask when taking the patient’s history
DVD runtime: 34:12 min. © 2018 Reg. Price $315
**Pathophysiology Series**

**Pathophysiology: The Immune System**  PATH100A
An understanding of basic pathophysiology—the study of the processes and mechanisms of disease in the body and the accompanying functional changes that result—is a foundational skill for healthcare professionals in any setting. But there is one body system that affects all the others: the immune system. The immune system works to keep all the other body systems healthy and functioning. The first program in this two-part series describes the components of the immune system, and should be reviewed before viewing this program. This program describes how these components work together to respond to harmful pathogens. In addition, it provides an overview of the pathology of one of the greatest challenges to the immune system: cancer. After completing this course, the learner should be able to:

- Name the three major types of immunity
- Identify and describe the five types of cells associated with the innate immune system
- Identify and describe the eight types of cells associated with the adaptive immune system
- Describe the functions of complement proteins and antibodies

**DVD runtime:** 26 min.  © 2016  Reg. Price $295

**Pathophysiology: Immune System Responses**  PATH100B
An understanding of basic pathophysiology—the study of the processes and mechanisms of disease in the body and the accompanying functional changes that result—is a foundational skill for healthcare professionals in any setting. But there is one body system that affects all the others: the immune system. The immune system works to keep all the other body systems healthy and functioning. This program, part one of two parts on the immune system, will provide an overview of the components of the immune system and their roles. After completing this course, the learner should be able to:

- Identify and describe the five types of cells associated with the innate immune system
- Identify and describe the eight types of cells associated with the adaptive immune system
- Describe the functions of complement proteins and antibodies

**DVD runtime:** 13:10 min.  © 2016  Reg. Price $295

**Pathophysiology: The Vascular System**  PATH102
The human heart is amazing. It beats over 100,000 per day and pumps 15 gallons of blood throughout the body every minute. Yet it is not infallible, and even today, with the emphasis on a heart-healthy life that encompasses a low-carbohydrate, low-salt, low-cholesterol, and low-fat diets, as well as routine exercise, heart disease is still the leading cause of death around the globe. This final program on cardiac pathology describes dysrhythmias of the cardiac conduction system, which is responsible for initiating and conducting electrical impulses to produce rhythmic heartbeats. Valvular heart disease is also described. After completing this course, the learner should be able to identify the ECG waveforms and describe the following cardiac dysrhythmias:

- Sinus bradycardia
- Sinus tachycardia
- Atrial tachycardias
- Atrial flutter
- Atrial fibrillation
- Premature ventricular contractions
- Ventricular tachycardia
- Ventricular fibrillation
- Heart blocks

In addition, the learner should be able to identify and describe the risk factors, pathophysiology, and symptoms of valvular heart disease.

**DVD runtime:** 15 min.  © 2016  Reg. Price $295

**Pathophysiology: Neurological System**

**Acute Brain Injuries**  PATH103A
So vital is the central nervous system to the wellbeing of the human body that even small changes or damage to parts of the system can result in profoundly life-altering effects. This program focuses on acute injuries to the brain. Beginning with a brief discussion of increased intracranial pressure and cerebral edema, both of which are common in brain pathologies, it describes traumatic brain injuries and stroke. After completing this course, the learner should be able to identify and describe brain injuries including increased intracranial pressure (ICP), cerebral edema, traumatic brain injuries (TBI), concussions, skull fractures, hematomas, and stroke.

**DVD runtime:** 28 min.  © 2016  Reg. Price $295
Pathophysiology: Neurological System: Acute Spinal Cord Injuries  PATH103B
So vital is the central nervous system to the wellbeing of the human body that even small changes or damage to parts of the system can result in profoundly life-altering effects. This program focuses on acute injuries to the spinal cord including risk factors, classifications of spinal cord injuries, and descriptions of complications. After completing this course, the learner should be able to:

- Identify symptoms of spinal cord injury (SCI)
- Differentiate between neurogenic shock and spinal shock
- List and describe seven classifications of SCI
- Describe common complications of SCI

DVD runtime: 10:20 min.  © 2016  Reg. Price $295

Pathophysiology: Neurological System: Infections  PATH103C
Since the central nervous system is crucial in the maintenance of health within the human body, it is important to understand the issues that can arise when infections occur. This program focuses on infectious processes of the central nervous system, including encephalitis, meningitis, and Guillain Barré, a post-infectious autoimmune disease of the peripheral nervous system. After completing this course, the learner should be able:

- Identify the causes and symptoms of encephalitis
- List and describe the risk factors of meningitis
- Differentiate between bacterial and viral meningitis
- Describe the different types, symptoms, and complications of Guillain Barré (GBS)

DVD runtime: 18 min.  © 2017  Reg. Price $295

Pathophysiology: Neurological System: Seizures and Brain Tumors  PATH103D
The brain and nerves are often thought of as a smooth-running highway of electrical activity inside the body. But uncontrolled electrical activity in the brain—a seizure—can result in tremendous disruption throughout the body, that in turn, can lead to an altered level of consciousness or other neurologic, motor, or behavioral manifestations. In some cases, the cause of the seizure is even more threatening—a brain tumor. This program describes the characteristics, risk factors, and symptoms of different types of seizures and brain tumors. After completing this course, the learner should be able to:

- List three neurological and five additional risk factors for seizures
- Differentiate between generalized seizures and partial (focal) seizures
- List six complications that can arise from seizures
- Explain the four general categories of brain tumors
- Describe the grading scale for malignant brain tumors


Pathophysiology: Neurological System: Degenerative Disorders Part 1  PATH103E
Neurodegenerative diseases are progressive disorders that result in chronic, incurable, debilitating conditions that lead to damage or death of nerve cells. The consequences of these pathologies can result in motor, sensory, and/or cognitive dysfunction and eventually death. This program is the first of two parts on neurodegenerative diseases, and describes the characteristics, risk factors, and symptoms of chronic traumatic encephalopathy, Alzheimer’s disease, Parkinson’s disease, and Huntington’s disease. After completing this course, the learner should be able to describe risk factors and symptoms of:

- Chronic traumatic encephalopathy
- Alzheimer's disease
- Parkinson's disease
- Huntington's disease


Pathophysiology: Neurological System: Degenerative Disorders Part 2  PATH103F
Neurodegenerative diseases are progressive disorders that result in chronic, incurable, debilitating conditions that lead to damage or death of nerve cells. The consequences of these pathologies can result in motor, sensory, and/or cognitive dysfunction and eventually death. This program is the second of two parts on neurodegenerative diseases, and describes the characteristics, risk factors, and symptoms of multiple sclerosis, amyotrophic lateral sclerosis, and myasthenia gravis. After completing this course, the learner should be able to describe risk factors and symptoms of:

- Multiple sclerosis
- Amyotrophic lateral sclerosis
- Myasthenia gravis

Measuring Vital Signs Series

The measurement of vital signs—including temperature, pulse, respiration, blood pressure and an assessment of pain—is performed routinely in every healthcare setting. Evaluations of these findings, through comparison with previous measurements, can indicate important changes in physical and/or emotional conditions. Measuring vital signs is a fundamental clinical skill that every nurse needs to master to provide competent patient care. Medcom’s two-part Measuring Vital Signs series has been updated to provide a fresh look at mastering these basic skills. The series explains the clinical significance of measuring these health indicators and demonstrates the correct techniques for:

- Measuring temperature
- Measuring pulse rate
- Measuring respiration rate
- Measuring blood pressure
- Making a pain assessment

Measuring Vital Signs Part 1: Temperature, Pulse, and Respiration  M265AR

Vital signs are indicators of basic bodily functions that are periodically measured by healthcare personal to monitor a patient’s health. Measuring vital signs is a fundamental clinical skill that every nurse need to master to provide competent patient care. Updated with a fresh look and feel, this program is the first in a new two-part series that demonstrates and describes how to accurately measure temperature, pulse and respirations in a patient. Temperature measurement is demonstrated using electronic, aural (tympanic), and temporal thermometers. Techniques and sites used for measuring the pulse are shown, and assessment of the rate, depth, rhythm and quality of respiration is demonstrated. After completing this course, the learner should be able to:

- Identify the indications for measuring temperature
- Demonstrate techniques for measuring oral, axillary, and rectal temperature
- Define pulse
- Locate five sites on the body to palpate the pulse
- Demonstrate assessment of both radial and apical pulse
- Demonstrate assessment of respiration

DVD runtime: 19:45 min.  © 2017  Reg. Price $315

Measuring Vital Signs Part 2: Blood Pressure and Pain  M265BR

Vital signs are indicators of basic bodily functions that are periodically measured by healthcare personal to monitor a patient’s health. Measuring vital signs is a fundamental clinical skill that every nurse need to master to provide competent patient care. Updated with a fresh look and feel, this is the second program in a new two-part series that demonstrates and describes how to accurately measure blood pressure and assess pain in a patient. After completing this course, the learner should be able to:

- Explain the difference between systolic and diastolic blood pressure
- Define the blood pressure ranges for each of the four blood pressure classifications
- Demonstrate the steps in measuring blood pressure at the brachial artery
- Identify 5 characteristics of pain
- Identify tools used to assess pain

DVD runtime: 16:40 min.  © 2017  Reg. Price $315

Auscultation of Breath Sounds

Listening to breath sounds can reveal important diagnostic information about many health conditions related to respiratory function. Because of this, auscultation of the lungs is one of the most valuable clinical assessment skills for caregivers to develop. Updated with a fresh look and feel, this series introduces the physiology and acoustic characteristics of normal breath sounds and identifies physiology components of abnormal and adventitious sounds. The functional basis of breath sounds is described, important characteristics are defined including pitch, intensity and duration. Principles of sound transmission and the significance of voice sounds to assessment findings are discussed.

Auscultation of Breath Sounds: Normal Breath Sounds  M264AS

This program presents stethoscope use for lung auscultation, the physiology of normal breath sounds, selected landmarks used for auscultation, and the basic procedures for a pulmonary auscultation assessment. After completing this course, you should be able to:

- Identify the components of a stethoscope
- Describe the anatomy of the respiratory system
- Differentiate tracheal breath sounds, bronchial breath sounds, bronchovesicular breath sounds, and vesicular breath sounds
- Identify anterior and posterior landmarks for breath sounds

DVD runtime: 18 min.  © 2016  Reg. Price $315

Auscultation of Breath Sounds: Abnormal Breath Sounds  M264BS

Breath sounds offer important and often diagnostic information about many health conditions related to pulmonary function. This program will cover the qualities of breath sounds, abnormal breath sounds and some of their associated conditions, and how to document your findings. Because auscultation is a subjective assessment, breath sounds are described using terminology standardized by the American Thoracic Society. After completing this course, you should be able to:

- List terms used to describe the qualities of breath sounds
- Identify common causes of abnormal breath sounds
- List the four main terms used by the American Thoracic Society to describe adventitious breath sounds
- Describe 3 abnormal vocal sounds

DVD runtime: 19 min.  © 2016  Reg. Price $315
Intravenous Therapy Series

Intravenous Therapy: Basics and Venipuncture M266AR
Over 90% of hospital patients receive intravenous therapy, including medication, nutrition, electrolytes, and blood. These life-giving fluids are administered through an I.V. and can mean the difference between life and death for a patient. Updated with a new look and feel, and the latest venipuncture practices, this program describes the basics of intravenous therapy and demonstrates the correct technique for performing a venipuncture to initiate intravenous therapy. After completing this course, the learner should be able to:

- Describe the uses of I.V. therapy
- Identify appropriate sites for venipuncture
- Identify equipment used to provide I.V. therapy
- Perform a venipuncture

DVD runtime: 26 min. © 2016 Reg. Price $315

Intravenous Therapy: Routine Care and Discontinuation M266BR
After intravenous therapy has been started, the patient, the venipuncture site, and the I.V. system itself require regular monitoring and care. This care is necessary for the prevention or early detection of complications associated with I.V. therapy. Updated with a new look and feel, and the latest venipuncture practices, this program will demonstrate procedures for the routine care and the discontinuation of intravenous therapy. After completing this course, the learner should be able to:

- List items to note during a routine I.V. assessment
- Describe changing a peripheral catheter dressing
- Change an infusion container
- Change an administration set
- Describe the process and considerations for administering medications through an I.V.
- Change the dressing on a central venous catheter
- Describe the process for discontinuing a peripheral I.V. site


Intravenous Therapy: Recognizing and Treating Complications M266CR
During intravenous therapy, some patients can experience complications—either local, at the I.V. site, or systemic. Updated with a new look and feel, and the latest venipuncture practices, this program will focus on the identification of complications, their causes, and appropriate nursing interventions to take to support the patient and restore safe and effective therapy. After completing this course, the learner should be able to identify and address the following local and systemic complications of I.V. therapy: phlebitis; infiltration; extravasation; occlusions; vein irritation/pain at the venipuncture site; a severed catheter; hematoma; venous spasm; thrombosis/thrombophlebitis; nerve, tendon or ligament damage; circulatory overload; septicemia; air embolism; and allergic reaction.

DVD runtime: 18 min. © 2016 Reg. Price $315

Intravenous Therapy: Pediatrics M266DR
Providing intravenous therapy for infants and children offers unique challenges and may have a different rationale for the I.V. therapy than with an adult. Updated with a new look and feel, and the latest venipuncture practices, this program demonstrates and describes I.V. therapy for pediatric patients. After completing this course, the learner should be able to:

- Describe specific I.V. therapy considerations for infants through school-age children
- Explain the unique hydration needs of pediatric patients
- Identify age-appropriate venipuncture sites for pediatric patients
- Describe venipuncture on a pediatric patient
- Explain the need for and techniques to protect pediatric I.V. sites
- Describe routine I.V. care and complications to be aware of or pediatric patients

DVD runtime: 18:45 min. © 2016 Reg. Price $315

Fluids and Electrolytes Series

Fluids and Electrolytes: Basics M250AR
Fluids are the basis of life. Water makes up about 60% of the average human body by weight. The body maintains a delicate balance between fluid being drained out of the body and fluid constantly being replenished in the body. Disturbances in this balance can both indicate and be caused by a variety of pathologies. Therefore, understanding and monitoring a patient’s fluid balance, electrolyte balance and acid-base balance is critical to providing care. This program provides nursing students, new nurses, and others with the basics of fluid balance, electrolyte balance, the main electrolytes in the body, and maintaining the acid-base balance in the human body. After completing this course, the learner should be able to describe:

- Basics of fluid balance
- Basics of electrolyte balance
- Main electrolytes in the body
- Acid-base balance in the human body

DVD runtime: 19:40 min. © 2015 Reg. Price $315

Fluids and Electrolytes: Fluid Volume Imbalances M250BR
Fluid volume balance is a crucial measure of the state of a patient’s health. The body is constantly losing water through the skin, kidneys, lungs and GI tract. As fluid enters and exits, the simple amount of fluids in the body must remain in balance. This program will introduce various forms of fluid volume imbalances, the conditions that cause them and nursing interventions to correct them. After completing this course, you should be able to describe:

- The basics of dehydration
- Hypovolemia
- Hyperolemia
- Water intoxication
- General causes of volume imbalances
- Interventions
- Total parenteral nutrition (TPN)

DVD runtime: 21:44 min. © 2015 Reg. Price $315

Fluids and Electrolytes: Electrolyte Imbalances M250CR
Body fluids are filled with dissolved salts and minerals called electrolytes that are ionized with an electrical charge. The electrolyte balance in the body's fluids is absolutely crucial to many body processes, and imbalances can cause pathological conditions and even be life threatening. This program will discuss imbalances in some of the main electrolytes in the body. This program describes the following electrolytes and associated conditions:

- Sodium, hyponatremia, hypernatremia
- Potassium, hypokalemia, hyperkalemia
- Magnesium, hypomagnesemia, hypermagnesemia
- Calcium, hypocalcemia, hypercalcemia
- Phosphorus, hypophosphatemia, hyperphosphatemia
- Chloride, hypochloremia, hyperchloremia

DVD runtime: 21:44 min. © 2015 Reg. Price $315
**Blood Collection Series**

**AWARD WINNER! Blood Collection: Anatomy and Physiology **  M284A

Blood is the elixir of life. With every beat of the heart, blood circulates through the vessels of the body bringing the cells life-sustaining oxygen, nutrients, and hormones while removing waste products that can be toxic. This process continues second after second, minute after minute, day after day throughout life. This first program in the three-part Blood Collection series reviews the anatomic and physiologic considerations related to phlebotomy—the collection of blood—as well as describe the most common blood tests. After completing this course, the learner should be able to:

- Differentiate between the five types of blood vessels
- Identify the locations of three preferred sites for venipuncture
- Name the three formed elements found in blood
- Name the four blood types
- List seven common blood tests

**DVD runtime: 20:46 min.  © 2015   Reg. Price $315**

**Award: Silver CINDY**

**Blood Collection: Performing Phlebotomy **  M284B

Phlebotomy is the collection of blood, which is done to assess person’s state of health, diagnose pathology, treat certain hematologic diseases, and for the collection of blood products like plasma. It can be performed by many healthcare professionals, including physicians, nurses, phlebotomists, and other providers. This second program in the three-part Blood Collection series will focus on performing venipuncture, troubleshooting problems with gaining venous access, and common complications. In addition, guidelines for documentation of the procedure will be presented. After completing this course, the learner should be able to:

- Identify the proper labeling used for various blood tests
- Describe the preparation procedure before drawing blood
- Explain the advantages and disadvantages of several equipment options for phlebotomy
- Describe the venipuncture procedure
- Explain the Emergency Nurses Association’s Clinical Practice Guidelines for taking a blood culture
- Describe the solutions to three common problems when performing phlebotomy
- List the proper information to include when documenting a blood draw

**DVD runtime: 30:30 min.  © 2015   Reg. Price $315**

**Blood Collection: Special Considerations **  M284C

Venipuncture is more than just putting a needle into a patient’s arm and drawing blood. Many clients are adults who are in good health, have visible veins, and are unafraid of the procedure to have their blood sample obtained for testing. However, that is not always the case. This final program in the three-part Blood Collection series will focus on special considerations when performing phlebotomy on specific populations, including pediatric patients, the elderly, women who have had mastectomies, patients who are obese, and those who have needle phobia. After completing this course, the learner should be able to:

- Estimate the blood volume of patients in different developmental stages
- Describe techniques used to alleviate the stress of venipuncture
- Describe common behavioral reactions to venipuncture for children of different ages
- Explain the blood collection procedure for newborns, children, and elderly patients
- Identify precautions to be taken when drawing blood from women who have had mastectomies and patients who are obese
- Describe the proper approach to phlebotomy for patients with belonephobia

**DVD runtime: 22 min.  © 2015   Reg. Price $315**
This insert includes programs now available since catalog publication in January, 2015

EKG Interpretation and Response Series
Each program includes 20 CE workbooks. Additional workbooks $1.50 each with minimum purchase of 20.

EKG Interpretation and Response: Anatomy of the Heart, Reading an EKG  78805AR-DVDL
This course provides a brief summary and overview of the heart’s components and functional properties as background for a discussion about electrocardiogram (EKG) interpretation. It also provides guidance on calculating heart rate on the EKG, autonomic nervous system effects, and how to assess sinus rhythm. After completing this course, you should be able to:
• Define the heart’s electrophysiologic properties, electrical conduction and mechanical response systems
• Interpret normal EKG waveforms
• Calculate heart rate on the EKG
• Assess the effects of the autonomic nervous system
• Assess normal sinus rhythm
DVD runtime: 23 min; Workbook 22 pages; Designated for 1 contact hr. of continuing nursing education. © 2015 Reg. Price $295

EKG Interpretation and Response: Sinus Dysrhythmias  78805BR-DVDL
The purpose of this course is to provide nurses with an explanation of terms that are key to understanding dysrhythmias, as well as important information about each type of dysrhythmia. This information is extremely valuable to the nurse’s ability to identify and analyze sinus dysrhythmias when they occur in patients. After completing this course, you should be able to:
• Explain the 7-Step Method to analyzing dysrhythmias
• Define and assess the characteristics of sinus dysrhythmias
• Define and assess the characteristics of sinus arrhythmia
• Define and assess the characteristics of sinus bradycardia
• Define and assess the characteristics of sinus tachycardia
• Define and assess the characteristics of sinus pause, sinus arrest and sinus block
DVD runtime: 14 min; Workbook 16 pages; Designated for 0.5 contact hr. of continuing nursing education. © 2015 Reg. Price $295

EKG Interpretation and Response: Atrial Dysrhythmias, Junctional Dysrhythmias, Heart Block  78805CS-DVDL
The purpose of this course is to provide nurses with information that is key to understanding the characteristics and interventional protocols for treating atrial dysrhythmias, junctional dysrhythmias and the various types of heart block. This information is extremely valuable to the nurse’s ability to identify and analyze these conditions when they occur in patients. After completing this course, you should be able to:
• Define and assess the characteristics of premature atrial contractions
• Define and assess the characteristics of paroxysmal atrial tachycardia
• Define and assess the characteristics of atrial fibrillation
• Define and assess the characteristics of atrial flutter
• Define and assess the characteristics of a junctional rhythm
• Define and assess the characteristics of a junctional tachycardia
• Define and assess the characteristics of the different types of heart block, including Mobitz type I and Mobitz type II
DVD runtime: 19 min; Workbook 20 pages; Designated for 0.5 contact hr. of continuing nursing education. © 2015 Reg. Price $295

EKG Interpretation and Response: Ventricular Dysrhythmias and Patient Care  78805DS-DVDL
The purpose of this course is to provide nurses with information that is key to understanding the characteristics and general treatment protocols for different types of ventricular dysrhythmias. It also covers the general responsibilities that nurses have in caring for patients with dysrhythmias. This information is extremely valuable to the nurse’s role in identifying and managing these conditions when they occur. After completing this course, you should be able to:
• Define and assess the characteristics of premature ventricular contractions
• Define and assess the characteristics of ventricular tachycardia
• Define and assess the characteristics of ventricular fibrillation
• Define and assess the characteristics of ventricular asystole
• Define and assess the characteristics of pulseless electrical activity
• Explain and execute the responsibilities involved in caring for patients with various types of dysrhythmias
DVD runtime: 14 min; Workbook 16 pages; Designated for 0.5 contact hr. of continuing nursing education. © 2015 Reg. Price $295
The Challenge of Healthcare Literacy  M255R

It has become difficult for many members of the population to keep up with the recent changes to the world of healthcare. From prescriptions to medical instructions, these updates have created a level of confusion for many members of the population to where they are unable to neither understand their own healthcare needs nor make informed choices. Healthcare professionals must make every effort to provide healthcare information in a comprehensible format, without creating a sense of shame for those who struggle with healthcare literacy. Providers have to make sure that the strategies utilized are clearly understood. With a new look and feel, this program provides healthcare personnel clear techniques to utilize when facing a population with low healthcare literacy, as well as the actions to take to help all patients make informed healthcare choices. After completing this course, the learner should be able to:

- Describe the prevalence of low healthcare literacy
- Identify some of the causes of low healthcare literacy
- Describe patient behaviors that help to identify those with low healthcare literacy
- Identify the components of an informed consent and techniques assisting patients make informed healthcare choices

DVD runtime: 26:42 min. © 2017 Reg. Price $315
The Human Immune System Series
Each program includes 20 CE workbooks. Additional workbooks $1.50 each with minimum purchase of 20.

The Human Immune System: Overview of Anatomy and Function  M253AR-DVDL
The human immune system is perhaps the most complicated system in our bodies. It is composed of organs and chemicals that interact with one another to perform the miracle of defending us against pathogenic invaders. This program, the first of three, will explore the components of the immune system and describe how they work together to protect us. After completing this course, the learner should be able to:
• Discuss the main organs that comprise the human immune system—the thymus, the bone marrow and the cells it produces, the lymph system and the spleen
• Explain the role and importance of leukocytes
• Identify and discuss the two main functional divisions of the immune system—the innate system and the adaptive system
• Describe the innate immune system and its main sentinels and warriors, including macrophages, neutrophils, NK cells and others
• Describe the purposes and functions of the adaptive immune system
DVD runtime: 28:30 min; Workbook 24 pages; Designated for 1 contact hr. of continuing nursing education. © 2015 Reg. Price $345

The Human Immune System: The Immune Response  M253BR-DVDL
Our bodies are the perfect breeding ground for pathogenic invaders. Some of these microorganisms can make people sick, some critically ill, and some are so virulent they can even kill their host. The human body responds with the organs and specialized cells of the immune system to defend itself and try to return to a state of good health. This second program in the series on the immune system will describe this defense process against the most common pathogens: bacteria and viruses. After completing this course, the learner should be able to:
• Discuss the major cells, chemicals and proteins that work together to fight off invading bacteria and viruses
• Explain in detail the process of the human body’s immune response to bacteria
• Explain in detail the process of the human body’s immune response to viruses
DVD runtime: 23 min; Workbook 24 pages; Designated for 1 contact hr. of continuing nursing education. © 2015 Reg. Price $345

The Human Immune System: When It Turns Against the Body  M253CR-DVDL
This program will describe what happens when something goes wrong with the immune system. It will focus on allergies, asthma and other common autoimmune disorders. In addition, it will briefly explain primary and secondary dysfunctions, such as immunoglobulin deficiencies caused by genetic abnormalities as well as the effect certain types of medications have on the immune system. After completing this course, the learner should be able to:
• Discuss the causes and symptoms of various forms of allergies and asthma, as well as their treatment
• Explain how the various types of autoimmune disease occur, and what treatments are available for them
• Describe eight common autoimmune disorders
DVD runtime: 21:31 min; Workbook 26 pages; Designated for 1 contact hr. of continuing nursing education. © 2015 Reg. Price $345
Now Available

This insert includes programs now available since catalog publication in January, 2015

Preventing Healthcare-associated Infections in Acute Care Facilities Series

Preventing Healthcare-associated Infections in Acute Care Facilities: Prevention Review M295A
This program, the first in a two-part series, provides nurses and others with an understanding of the importance of preventing healthcare-associated infections in acute care facilities, starting with a review of infection control guidelines and procedures recommended by government agencies and professional organizations. After viewing this program, the learner should be able to:
• List the six links in the Chain of Infection
• Identify the most effective means of preventing the transmission of pathogens
• Describe the key components of both Standard Precautions and Transmission-based Precautions
• Explain Safe Injection Practices
DVD runtime: 31:22 min. © 2018 Reg. Price $315

Preventing Healthcare-associated Infections in Acute Care Facilities: Facility Concerns M295B
This program, the second in a two-part series, describes the requirements and guidelines aimed at preventing healthcare-associated infections in acute care facilities. In addition, strategies for preventing the transmission of infections of concern often found in acute care settings—such as pneumonia, CAUTI, C. diff., and Candida auris—are demonstrated and described. After viewing this program, the learner should be able to:
• Describe components of a facility’s Infection Control Program and Quality Assurance Program as required by CMS
• Describe risk factors and control measures for the following:
  • Influenza
  • Pneumonia
  • UTIs/CAUTI
  • Pressure wounds
  • MRSA
  • C. diff.
  • Candida auris
DVD runtime: 33:20 min. © 2018 Reg. Price $315

Anti-Infective Medication Therapy Series

Anti-Infective Medication Therapy: Nursing Implications 78807BR
The purpose of this program is to provide nurses an overview of the general signs and symptoms of allergies to antibiotics, adverse effects and superinfections. After viewing the program, the learner will be able to:
• Describe the signs and symptoms of allergic reactions
• Identify signs of adverse reactions
• Describe what causes superinfections
DVD runtime: 15:42 min. © 2016 Reg. Price $265

Anti-Infective Medication Therapy: Sulfonamides and Penicillins 78807CR
This program covers an overview of types of antibiotics and a detailed look at the sulfonamides and penicillins. After viewing the program, the learner will be able to:
• Describe the main sulfonamides and their use
• Describe the main penicillins and their use
DVD runtime: 16:08 min. © 2016 Reg. Price $265

Anti-Infective Medication Therapy: Cephalosporins, Aminoglycosides, Macrolides and Quinolones 78807DR
The purpose of this program is to provide nurses a detailed look at the cephalosporins, aminoglycosides, macrolides and quinolones. After viewing the program, the learner will be able to:
• Describe the kinds of cephalosporins and their use
• Describe the aminoglycosides and their use
• Describe the macrolides and their use
• Describe the quinolones and their use
DVD runtime: 13:46 min. © 2016 Reg. Price $265

Anti-Infective Medication Therapy: Antifungal and Antiviral Agents 78807ER
This program provides nurses with a detailed look at antifungals and antivirus medications. After viewing the program, the learner will be able to:
• Describe the kinds of antifungal agents and their use
• Describe the kinds of antiviral agents and their use
DVD runtime: 17:03 min. © 2016 Reg. Price $265

Anti-Infective Medication Therapy: Antitubercular Agents 78807FR
This program provides nurses with a detailed look at antitubercular medications. After viewing the program, the learner will be able to:
• Describe the difference between dormant and active TB
• Describe the first-line agents against TB and some of their adverse effects
• Describe the second-line agents against TB
DVD runtime: 15:05 min. © 2016 Reg. Price $265

Anti-Infective Medication Therapy: Assessment of an Infection 78807AR
This program covers an overview of pathogens, the general signs and symptoms of infection and the cultures and tests used to identify them. After viewing the program, the learner will be able to:
• Describe the major pathogen types and some of the major diseases they cause
• Identify common signs and symptoms of infection
• Identify the main tests used to identify infectious pathogens
DVD runtime: 14:49 min. © 2016 Reg. Price $265
Now Available

**Medical Errors Series**
Each program includes 20 CE workbooks. Additional workbooks $1.50 each with minimum purchase of 20.

**Medical Errors: Preventing Medication Errors** M206UC-DVDL
Errors that occur when providing medication is one of the most common and most avoidable types of medical errors. Medical Errors: Preventing Medication Errors, the final program in the three-part series on preventing Medical Errors, provides an overview of the different kinds of medication errors that can occur, and offers specific guidance on how nursing staff can prevent these errors. This includes implementation of safety recommendations from the Joint Commission, FDA, Institute of Safe Medication Practices, and other organizations described in this program. After completing this course, the learner should be able to:
- Identify the different types of medication errors that can occur
- Explain the steps that must be taken in daily practice to successfully prevent medication errors
- Describe the National Patient Safety Goals that specifically address medication errors
- Identify key precautions that can be incorporated into daily nursing practice to help protect patients from the possibility of medication errors
DVD runtime: 30 min; Workbook 24 pages; Designated for 0.5 contact hr. of continuing nursing education. © 2015 Reg. Price $279

**Medical Errors: Prevention Practices** M206UB-DVDL
Medical Errors: Prevention Practices, the second in a three-part series on preventing Medical Errors, discusses important changes in healthcare practice that provide strategies for reducing most medical errors and improving patient safety. This includes development of standardized safety procedures and the implementation of the Joint Commission’s National Patient Safety Goals and Universal Protocol for Preventing Wrong Site, Wrong Procedure and Wrong Person Surgery. After completing this course, the learner should be able to:
- Describe the overall goals of prevention practices, and why implementing them is so important
- Identify four general patient safety practices that can be employed in all types of health delivery systems
- Provide an example of a safe practice for each of the seven common types of medical errors
- Provide an example of a safe practice in each of four common areas of patient harm
DVD runtime: 22:44 min; Workbook 22 pages; Designated for 0.5 contact hr. of continuing nursing education. © 2015 Reg. Price $279

**Medical Errors: New Approaches to an Old Problem** M206UA-DVDL
In the years following the landmark study from the Institute of Medicine, To Error is Human, regulatory agencies and professional organizations have developed protocols and standards to reduce mistakes and enhance patient safety. Through progress has been made, medical errors continue to be a leading cause of death. This program, the first in a three-part series, identifies the different types of medical errors, and discusses the "systems approach" method taken by a variety of government agencies and professional organizations to prevent medical errors. After completing this course, the learner should be able to:
- Define different terms used to describe medical errors
- Describe examples of each of the three factors contributing to medical errors
- List the eight most common types of medical errors
- Identify and explain the difference between the old approach and the new approach to preventing medical errors
- Describe the key action healthcare institutions must take to effectively prevent medical errors
DVD runtime: 23 min; Workbook 20 pages; Designated for 0.5 contact hr. of continuing nursing education. © 2015 Reg. Price $279

**Medical Errors: General** M206UA-DVDL
This final program in a three-part series on preventing Medical Errors describes best practice recommendations for system-wide change that focuses on medication errors and strategies that can be implemented to prevent their occurrence. In this program, general recommendations for system-wide changes to enhance medication safety will be discussed. After completing this course, the learner should be able to:
- Explain the various aspects of the "systems approach to error prevention," including reporting systems, standardized safety procedures and safety training
- Describe the importance of applying lessons learned from sentinel events
- Identify the key attributes of building a new culture of safety to prevent medication errors
DVD runtime: 22:46 min; Workbook 20 pages; Designated for 0.5 contact hr. of continuing nursing education. © 2016 Reg. Price $279

**Medical Errors Series**
Each program includes 20 CE workbooks. Additional workbooks $1.50 each with minimum purchase of 20.

**Preventing Medication Errors Series**
Each program includes 20 CE workbooks. Additional workbooks $1.50 each with minimum purchase of 20.

**Preventing Medication Errors Part 1: General Recommendations for System-wide Change** M218TA-DVDL
One of the most common types of medical errors are errors involving medication. Fortunately, prevention measures have been shown to be greatly effective in reducing medication errors. This is the first in a 3-part series that focuses on medication errors and strategies that can be implemented to prevent their occurrence. In this program, general recommendations for system-wide changes to enhance medication safety will be discussed. After completing this course, the learner should be able to:
- Explain the various aspects of the “systems approach to error prevention,” including reporting systems, standardized safety procedures and safety training
- Describe the importance of applying lessons learned from sentinel events
- Identify the key attributes of building a new culture of safety to prevent medication errors
DVD runtime: 22:30 min; Workbook 20 pages; Designated for 0.5 contact hr. of continuing nursing education. © 2015 Reg. Price $279

**Preventing Medication Errors Part 2: Sources of Errors and Basic Safety Practices** M218TB-DVDL
Medication errors are the most common form of medical mistake. This second program in a 3-part series will define the different types of medical errors that can occur, and identify the common sources of these mistakes. In addition, the eight rights of medication administration, which are the foundation for safe practice, will be described. After completing this course, the learner should be able to:
- Identify the different types of medication errors that can occur
- Define the eight “rights” of safe medication administration to help prevent medication errors
DVD runtime: 23:30 min; Workbook 20 pages; Designated for 0.5 contact hr. of continuing nursing education. © 2016 Reg. Price $279

**Preventing Medication Errors Part 3: What Nurses Can Do** M218TC-DVDL
This final program in a three-part series on preventing medication errors describes best practice recommendations from the Joint Commission that nurses can put in place in their own day-to-day activities. This includes ways to increase patient involvement and education so that they can make a difference and protect themselves from medication errors. After completing this course, the learner should be able to:
- Describe safe medication practice measures recommended by the Joint Commission
- Describe the importance of involving patients themselves in the treatment process as a means of ensuring safer medication administration
DVD runtime: 22:30 min; Workbook 20 pages; Designated for 0.5 contact hr. of continuing nursing education. © 2016 Reg. Price $279

**Legal Aspects of Nursing**
This insert includes programs now available since catalog publication in January, 2015.
**Confidentiality Series**

Each program includes 20 workbooks. Additional workbooks $1.50 each with minimum purchase of 20.

**Confidentiality: HIPAA Regulations M283A-DVDL**
Protecting personal health information is not only the law, but also an ethical and moral obligation of all healthcare professionals. This program will concentrate on HIPAA Title II, the Administrative Simplification section of HIPAA. This regulation focuses on two things: the security and privacy of protected health information and the national standards for its transfer. After completing this course, you should be able to:
- Describe the Administrative Simplification guidelines and codes
- Define PHI
- Provide examples of when patient authorization is needed for the release of PHI
- List exemptions to the Privacy Rule
- Name and describe the three safeguards of the Security Rule

DVD runtime: 14:45 min; Workbook 20 pages; Designated for 0.5 contact hr. of continuing nursing education. © 2015 Reg. Price $229

**Confidentiality: How to Maintain Patient Confidentiality M283B-DVDL**
Confidentiality is the foundation for trust in the patient-caregiver relationship. Efforts to maintain and protect confidential information once focused solely on paper medical records. But as communication technology has made it possible to easily store and transmit enormous amounts of medical information through computerized databases, fax machines, and the internet, there is an increased danger that confidential information may be revealed to inappropriate individuals. After completing this course, you should be able to:
- Explain the role of the privacy officer in a healthcare institution
- Explain the difference between administrative, physical and technical safeguards
- List exemptions to the Privacy Rule
- Describe the overall purpose and goals of the Health Insurance Portability and Accountability Act
- Explain the role of the HIPAA Advisory Team, as well as the role of the individual healthcare worker in ensuring compliance with HIPAA reforms
- Delinate the penalties for violating HIPAA
- Describe healthcare access, portability and reliability
- Describe the five rules of administrative simplification

DVD runtime: 17:03 min. © 2014 Reg. Price $199

**Confidentiality: Vignettes M283C-DVDL**
Nurses are required to protect the confidentiality of patient healthcare and personal information as part of their professional duties. Not only is this required by federal law, but it is foundational to the trust in a patient-caregiver relationship. However, it is not always easy to know precisely what to do in every situation. To help learners think through and prepare for these situations, this program presents a number of scenarios, in a variety of nursing situations, and asks the learner to use critical thinking skills to decide if the correct decision about confidentiality is being made in each case. After completing this course, you should be able to:
- Identify different types of actions and responses that constitute breach of privacy
- Describe some of the consequences of breach of privacy
- Identify privacy rules in special settings
- Describe some exceptions to the privacy laws

DVD runtime: 14 min; Workbook 20 pages; Designated for 0.5 contact hr. of continuing nursing education. © 2015 Reg. Price $229

**HIPAA for Healthcare Workers Series**

**HIPAA for Healthcare Workers: An Overview M224VA**
The Health Insurance Portability and Accountability Act (HIPAA) of 1996 was developed to improve the efficiency and effectiveness of the healthcare system, and many changes have been implemented since then within the field. This program provides a detailed overview of why HIPAA was implemented, the various roles of workers throughout an organization, and how its implementation affects you and your organization. Penalties for violating HIPAA and inclusion of the alphanumeric Healthcare Common Procedure Coding System (HCPCS) have been included in this updated program. After viewing this program, the learner should be able to:
- Describe the overall purpose and goals of the Health Insurance Portability and Accountability Act
- List covered entities who must comply with the Privacy Rule
- Describe the rule that requires that patients be give written notice of an institution’s privacy rules and practices
- Explain patient’s rights regarding the privacy of their medical and personal information
- Describe the five rules of administrative simplification
- Describe the most common violations of the Privacy Rule and the consequences for healthcare workers and business associates

DVD runtime: 18:18 min. © 2014 Reg. Price $199

**HIPAA for Healthcare Workers: The Privacy Rule M224VB**
The Health Insurance Portability and Accountability Act (HIPAA) of 1996 was developed to improve the efficiency and effectiveness of the healthcare system, and many changes have been implemented since then within the field. The primary focus of this program is the Privacy Rule, from the covered entities who must comply to the rights that patients have under the Privacy Rule. This program also covers regulations that have resulted from the enactment of the Privacy Rule. After viewing this program, the learner should be able to:
- Explain the role of the HIPAA Advisory Team, as well as the role of the individual healthcare worker in ensuring compliance with HIPAA reforms
- Delinate the penalties for violating HIPAA
- Describe healthcare access, portability and reliability
- Describe the five rules of administrative simplification
- Describe the most common violations of the Privacy Rule and the consequences for healthcare workers and business associates

DVD runtime: 15:30 min. © 2014 Reg. Price $199

**HIPAA for Healthcare Workers: The Security Rule M224UC**
The need for attention to data security came about largely because of past abuses that occurred in many places in healthcare. While regulations associated with the Security Rule have been part of the Health Insurance Portability and Accountability Act (HIPAA) since it was enacted in 1996, they were modified and enhanced with enactment of the Health Information Technology for Economic and Clinical Health Act (HITECH Act) of 2009. Additional changes to HIPAA, known as the Final Rule, were announced in January 2013 and signed into law in February 2013. This program will address what nurses and other healthcare workers need to know about the security of electronic data under HIPAA. After watching this program viewers should be able to:
- Describe the overall purpose and goals of the Health Insurance Portability and Accountability Act
- Explain the difference between administrative, physical and technical safeguards
- Explain the rule of the privacy officer in a healthcare institution
- Describe the various actions and precautions to take to ensure security of patient information in an electronic format

DVD runtime: 15:30 min. © 2014 Reg. Price $199
**Dementia & Memory Care Series**

**Dementia Care  M288**
Nursing Assistants have a great responsibility in administering care that supports optimal function, maintains safety, and provides quality of life to those who have lost the ability to determine their own course in life. The skills required to work with residents with dementia include exceptional levels of observation, discernment, and patience. Nursing staff must work closely with other disciplines and departments to ensure a safe and pleasant environment for all residents is maintained. After viewing the program, the learner will be able to:

- Identify types and symptoms of dementia
- Identify changes in toileting and continence
- State potential health risks that result from functional decline
- Identify safety considerations associated with Activities of Daily Living
- Identify approaches for effective care in bathing, dressing, and eating activities
- State how activities and stimuli affect residents with dementia
- Identify focused observations which must be reported
- State how resident needs may be communicated


**Alzheimer’s Care  M289**
Today, Alzheimer’s is the sixth-leading cause of death in the United States. This brain disease destroys brain cells, causing problems with memory, thinking, and behavior. It is the most common form of dementia. There is currently no cure, but new treatments are on the horizon as a result of accelerating insight into the biology of the disease. Research has also shown that effective care and support can improve quality of life for individuals and their caregivers over the course of the disease from diagnosis to the end of life. After viewing the program, the learner will be able to:

- Understand what Alzheimer’s disease is
- Know the three stages of the disease
- Know how it affects the person’s communication skills and successful strategies to intervene
- Learn approaches for the caregiver on the person’s activities of daily living
- Understand common behavior problems in dementia residents and learn interventions for each problem

DVD runtime: 27:05 min. © 2018 Reg. Price $249

**Elopement Prevention  M290**
Caregivers must maintain constant vigilance over their wards, taking every precaution to prevent unsafe wandering. While not all wandering is unsafe, caregivers in the long term care setting must understand that the potential for harm from a resident’s wandering is ever present. Furthermore, they must know what to do in case a resident wanders or elopes from the facility and what to do once the resident is found. After viewing the program, the learner will be able to:

- Define the terms wandering and elopement
- Determine the difference between safe and unsafe wandering
- Identify triggers of unsafe wandering
- Assess new residents for at-risk behaviors
- Describe the importance of periodic and ongoing reassessment
- Identify wandering prevention strategies
- Discuss the importance of electronic methods of intervention
- Discuss the steps to take when a resident is missing
- Discuss the steps to take when that resident is found


**Communicating with Persons with Dementia  M291**
Communication is a fundamental component of human relationships. It is important for everyone to be able to communicate their needs and the choices that they are making, as a way to preserve our sense of identity. Particularly with people with dementia, communication can be challenging, but it is important to realize how critical the communication aspect is in maintaining the resident’s quality of life. After viewing the program, the learner will be able to:

- Recognize the difficulties of communicating with a person with dementia
- Identify the factors that may affect a person with dementia’s ability to communicate
- Indicate how to adjust your approach in communicating with a person with dementia
- Determine how body language affects a person’s communication
- Describe the importance of social groups for a person with dementia
- Identify common communication problems in dementia residents and learn interventions for each problem

DVD runtime: 17:46 min. © 2018 Reg. Price $249

**Dementia Behavior Management  M292**
It is common for problem behaviors to occur among older adults in the long term care setting, and these behaviors can negatively impact the resident’s health and quality of life. It doesn’t stop there, however, because the effects of problem behaviors are also felt by caregivers and other residents within the facility. It is pertinent for nurses and all healthcare workers to identify problem behaviors, as well as how to promptly intervene. After viewing the program, the learner will be able to:

- List four reasons why disruptive behaviors may occur
- Identify the 5 Rs to prevent problem behaviors
- Indicate how acute medical problems affect behavior
- Recognize four stressors that have an impact on behavior
- Name three symptoms of Sundowners syndrome
- Explain what a catastrophic reaction is and what provokes it
- List six ways to defuse and de-escalate potential danger

DVD runtime: 29 min. © 2018 Reg. Price $249

**Promoting Independence for Persons with Dementia  M293**
Caregivers have a great responsibility in administering care to residents with dementia. The disease itself causes loss of judgment, reasoning, memory, and communication skills that can lead the resident with dementia into risk and danger if not properly managed. Activities of daily living can often be affected with the onset of dementia as well. Exceptional levels of observation, discernment, and patience are needed when working with residents with dementia, and workers in long term care facilities must be equipped with these skills. After viewing the program, the learner will be able to:

- Apply the principles of independence and dignity while assisting with ADLs
- Identify what needs to be done at each stage of Alzheimer’s Disease and related dementias
- Recognize personal care strategies for dressing
- Recognize personal care strategies for bathing
- Recognize personal care strategies for eating
- Know options to encourage a resident to improve their eating habits
- Recognize personal care strategies for grooming
- Recognize personal care strategies for toileting

DVD runtime: 18:36 min. © 2018 Reg. Price $249
**Dementia & Memory Care Series (cont)**

**Family Issues with Dementia  M294**
In order to build a meaningful and successful relationship with a resident, the caregiver must develop a meaningful and successful relationship with the resident’s family. Any concerns or difficulties that the family may have in regards to the resident must be addressed, and it is important to take their consideration into account. After viewing the program, the learner will be able to:
- Describe how families are alike and how they are different
- Name the different types of difficult people
- Compare and contrast the emotional preparations for before, during and after the move to a healthcare facility
- Identify the issue of loss and grief
- Recognize the symptoms of grief
- Explain the steps to help families adjust to a new home environment
- List the ways to include family members during the End of Life Period
- Identify the 4 areas of care for people who are dying

**Preventing Elder Abuse: Helping Keep Residents Safe  M217S**
Over time, elder abuse has become a serious issue in the United States, and it has drastically increased in the last ten years. As more elders are entering into nursing home and hospital settings, it is critical that nurses and healthcare professionals are aware of this growing issue to make every possible effort to prevent it. Nurses are mandatory reporters of abuse, whether suspected or not, so it is pertinent that they are familiar with the risk factors that can lead a caregiver to be abusive and what to do if elder abuse is suspected. This program outlines the various types of abuse, and the signs of its occurrence. After viewing this program, the learner should be able to:
- Describe types and signs of elder abuse
- Identify factors that put elders at risk of becoming abused
- Identify factors that put caregivers at risk of becoming abusive
- Describe the steps that should be taken if elder abuse is suspected
- Identify when reporting is necessary and how and where to report suspected abuse

**HIPAA for Long Term Care Workers  M225S**
The Health Insurance Portability and Accountability Act (HIPAA) of 1996 was developed to improve the efficiency and effectiveness of the healthcare system, and many changes have been implemented since then within the field. This program focuses on how long term care facilities have been affected, and the new practices of healthcare workers in these environments. After viewing this program, the learner should be able to:
- Describe the overall purpose and goals of the Health Insurance Portability and Accountability Act and the specific objectives that are being implemented now
- Explain the role of the HIPAA implementation team, as well as the role of the individual healthcare worker in ensuring compliance to HIPAA reforms
- Implement administrative simplification reforms as defined by your HIPAA implementation team
- Demonstrate compliance with privacy reforms, including written notice, acknowledgement, prior authorization and minimum disclosure
- Demonstrate compliance with data security reforms, including issues regarding workplace layout, information storage and rules covering conversation

**Preventing Healthcare-associated Infections in Long Term Care Series**

**Preventing Healthcare-associated Infections in Long Term Care Part 1: Prevention Review  M287A**
Healthcare-associated infections in long term care are infections that develop after a resident’s admission to a long term care facility. Elderly residents in both acute and long term care settings are particularly vulnerable to infections, partly due to the age-related decline in immunologic function, but also due to the fact that antibody production declines with age. This program, the first in a two-part series, provides nurses and others with an understanding of the importance of preventing healthcare-associated infections in long-term care, starting with a review of infection control guidelines and procedures recommended by government agencies and professional organizations. After viewing this program, the learner should be able to:
- List the six links in the Chain of Infection
- Identify the most effective means of preventing the transmission of pathogens
- Describe the key components of both Standard Precautions and Transmission-based Precautions
- Explain Safe Injection Practices

**Preventing Healthcare-associated Infections in Long Term Care Part 2: Facility Concerns  M287B**
The Centers for Medicare and Medicaid Services (CMS) has specific requirements aimed at reducing healthcare-associated infections in long-term care settings. Other organizations, such as the Joint Commission and the Agency for Healthcare Research and Quality (AHRQ) have also developed recommendations and guidelines for reducing healthcare-associated infections. This program, the second in a two-part series, describes the requirements and guidelines aimed at preventing healthcare-associated infections in long-term care. In addition, strategies for preventing the transmission of infections of concern often found in long term care settings—such as pneumonia, CAUTI, C. diff., and Candida auris—are demonstrated and described. After viewing this program, the learner should be able to:
- Describe components of a facility’s Infection Control Program and Quality Assurance Program as required by CMS
- Describe risk factors and control measures for the following:
  - Influenza
  - Pneumonia
  - UTIs/CAUTI
  - Pressure wounds
  - MRSA
  - C. diff.
  - Candida auris

**Long Term Care Part 2: Facility Concerns**

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  - Candida auris
This insert includes programs now available since catalog publication in January, 2015

**National Patient Safety Goals for Long Term Care 2018**  M233R19

This program provides nurses and other healthcare professionals with an understanding of the Joint Commission’s National Patient Safety Goals for long term care environments. While the Joint Commission’s National Patient Safety Goals for long term care are largely unchanged for 2018, the look and feel of this course has been updated with a new format and new scenes and graphics.

The following goals, and the elements of practice to meet these goals, are described in this program:

- Improve the accuracy of resident identification
- Improve the safety of using medications
- Reduce the risk of health care-associated infections
- Reduce the risk of resident harm resulting from falls
- Prevent healthcare-associated pressure ulcers

The program also describes a sample model of a resident safety plan that the Commission has suggested for every institution.

The goal of this program is to define and discuss the Joint Commission’s National Patient Safety Goals for long term care environments for 2018, and provides a detailed review of the various patient safety goals for long term care that have been identified for implementation, plus the Elements of Performance that will be required to meet these goals. After completing this course, the learner should be able to:

- Identify the concerns and problems that led to development of the Joint Commission’s NPSG
- Describe the patient safety goals long term care settings
- Identify and implement the key Elements of Performance developed to accomplish the patient safety goals

**AWARD WINNER!**

**When Someone You Love Can’t Live At Home**  M285

The experience of finding the right long term care setting can be emotional, overwhelming, and full of questions: There are so many options, which one is right? How will this be paid for? How can I tell they’re getting good care when they’re not getting any better? Am I doing the right thing? *When Someone You Love Can’t Live At Home* gives viewers a start to finding the right long term care solution for their loved ones. It describes what needs to be done, what considerations to look at, how to find the best fit for each situation. This program describes:

- Finding the right care option
- What to look for at a facility
- Costs and legal considerations
- Resident rights
- The natural process of aging

**Fall Prevention in Long Term Care Series**

Each program includes 20 workbooks. Additional workbooks $1.50 each with minimum purchase of 20.

**Fall Prevention in Long Term Care Part 1:**

**Risk Assessment**  M201SA-DVODL

Falls among older residents and other at-risk residents are very common. This program will cover the importance of making a risk assessment for each person in your care, and a risk assessment of the environment at the facility. This is the first program in Medcom’s Fall Prevention series—updated with a new look and feel—that can help you and your institution meet the Joint Commission’s National Patient Safety Goals for Long Term Care.

After completing this course, the learner should be able to:

- Identify the seven crucial screening factors that must be assessed to determine a resident’s level of fall risk
- Conduct a thorough risk assessment of the environment throughout the facility
- Accurately identify which residents are at risk for trips and falls in the facility
- Educate at risk residents and their family members about the specific risk factors associated with their condition, and review strategies to minimize them
- Utilize a variety of tools and techniques to minimize fall risk in the resident environment

**Fall Prevention in Long Term Care Part 2:**

**Preventive Strategies and Products**  M201SB-DVODL

Falls are associated with increased morbidity and mortality, especially for those over 65. This program provides nurses and other healthcare providers with information about the wide variety of preventative strategies and products that can be used to reduce the risk of injury from falls. This is the second program in Medcom’s Fall Prevention series—updated with a new look and feel—that can help you and your institution meet the Joint Commission’s National Patient Safety Goals for Long Term Care.

After completing this course, the learner should be able to:

- Identify the risk or level of risk for residents
- Implement preventative strategies and nursing procedures to reduce the risk of falls for residents
- Utilize a wide range of tools and products designed to prevent falls and protect residents from fall-related injuries

**Fall Prevention in Long Term Care Part 3:**

**A Comprehensive Fall Prevention Program**  M201SC-DVODL

Falls are associated with increased morbidity and mortality, especially for those over 65. This program will describe creating a comprehensive fall reduction program. In addition, the steps to make to a post-fall report will be provided. This is the third program in Medcom’s 3-part Fall Prevention series—updated with a new look and feel—that can help you and your institution meet the Joint Commission’s National Patient Safety Goals for Long Term Care.

After completing this course, the learner should be able to:

- Identify the purpose and duties of a fall prevention committee
- Explain the importance of defining risk assessment policies and procedures within the facility
- Describe the importance of defining fall prevention protocols, educating fellow staff members and monitoring the effectiveness of protocols once they have been put in place
- Outline important points to cover in a post-fall assessment and root cause analysis

**Award: Gold CINDY**
Blood Collection for Medical Assistants Series

Blood Collection for Medical Assistants: Anatomy and Physiology MA108A
Blood is the elixir of life. With every beat of the heart, blood circulates through the vessels of the body bringing the cells life-sustaining oxygen, nutrients, and hormones while removing waste products that can be toxic. This process continues second after second, minute after minute, day after day throughout life. This first program in the three-part Blood Collection series is designed for medical assistant training. It reviews the anatomic and physiologic considerations related to phlebotomy—the collection of blood—as well as describe the most common blood tests. After completing this course, the learner should be able to:

- Differentiate between the five types of blood vessels
- Identify the locations of three preferred sites for venipuncture
- Name the three formed elements found in blood
- Name the four blood types
- List seven common blood tests

DVD runtime: 20:46 min. © 2015 Reg. Price $199

Blood Collection for Medical Assistants: Performing Phlebotomy MA108B
Phlebotomy is the collection of blood, which is done to assess a person’s state of health, diagnose pathology, treat certain hematologic diseases, and for the collection of blood products like plasma. This second program in the three-part Blood Collection series designed for medical assistant training. It focuses on performing venipuncture, troubleshooting problems with gaining venous access, and common complications. In addition, guidelines for documentation of the procedure will be presented. After completing this course, the learner should be able to:

- Identify the proper labeling used for various blood tests
- Describe the preparation procedure before drawing blood
- Explain the advantages and disadvantages of several equipment options for phlebotomy
- Describe the venipuncture procedure
- Explain the Emergency Nurses Association’s Clinical Practice Guidelines for taking a blood culture
- Describe the solutions to three common problems when performing phlebotomy
- List the proper information to include when documenting a blood draw

DVD runtime: 30 min. © 2015 Reg. Price $199

Blood Collection for Medical Assistants: Special Considerations MA108C
Venipuncture is more than just putting a needle into a patient’s arm and drawing blood. Many clients are adults who are in good health, have visible veins, and are unafraid of the procedure to have their blood sample obtained for testing. However, that is not always the case. This is the final program in the three-part Blood Collection series designed for medical assistant training. It focuses on special considerations when performing phlebotomy on specific populations, including pediatric patients, the elderly, women who have had mastectomies, patients who are obese, and those who have needle phobia. After completing this course, the learner should be able to:

- Estimate the blood volume of patients in different developmental stages
- Describe techniques used to alleviate the stress of venipuncture
- Describe common behavioral reactions to venipuncture for children of different ages
- Explain the blood collection procedure for newborns, children, and elderly patients
- Identify precautions to be taken when drawing blood from women who have had mastectomies and patients who are obese
- Describe the proper approach to phlebotomy for patients with belonephobia

DVD runtime: 21:51 min. © 2015 Reg. Price $199
Administering Medications Series

Administering Medications: Medication Safety and Oral Medications M258AR
One of the biggest responsibilities of nurses today involves safe medication administration practices. Nurses, and others authorized to administer medications not only must have the knowledge base about the drugs they are delivering, but also have the skill to administer them appropriately. This is the first program in a three-part series that will describe general guidelines for the safe administration medications, and specifically demonstrate and describe safe administration of oral medications. After completing this course, the learner should be able to:

- Describe the scope of medication errors
- List the “Rights of Medication Administration”
- List additional safety practices often considered to be medication rights
- Describe safe medication administration practices that are part of the Joint Commission’s National Patient Safety Goals

DVD runtime: 31 min. © 2017 Reg. Price $315

Administering Medications: Topical, Suppository, and Inhalant Medications M258BR
Nurses are one of the most vital parts of the team involved in medication safety as they are charged with administering the drugs. This means they are the last stop, the place where—if an error has been made before hand—it can be caught and harm to the patient averted. This is the second program in a three-part series that will demonstrate and describe safe techniques for the administration of topical medications, suppositories and inhalants. After completing this course, the learner should be able to:

- Apply a topical medication
- Administer a suppository medication
- Administer eye and ear drops
- Describe the process for administering an inhalant medication

DVD runtime: 24 min. © 2017 Reg. Price $315

Administering Medications: Injections M258CR
Although a routine part of providing nursing care, administering medications should never be a casual practice as the potential for serious harm—even life endangerment—can easily result from an error. This is particularly true when administering injectable medications. This is the third and final program in a three-part series that will demonstrate and describe the safe administration of medication by injection: subcutaneous, intradermal, intramuscular, and into an intravenous injection port (parenteral medication administration). Included in this program is discussion of the mandatory use of safer needle devices to prevent needlestick injuries. After completing this course, the learner should be able to:

- Differentiate between subcutaneous, intradermal, and intramuscular injections and when each would be used
- Identify the landmarks used for subcutaneous, intradermal, and intramuscular injections
- Describe the use of the “Z-track” injection technique
- Describe the need for the use of safer needle devices

DVD runtime: 26 min. © 2017 Reg. Price $315

Moderate or Procedural Sedation Series

Moderate or Procedural Sedation: Patient Assessment and Monitoring 78804AS
The nurse has an important role in caring for patients who receive moderate, or procedural, sedation before, during, and after diagnostic and therapeutic procedures. This program focuses on intravenous administration of moderate, or procedural sedation as this route shortens recovery times and reduces risk for patients having minor surgery and endoscopic procedures. After completing this course, you should be able to:

- Define the degrees of sedation and anesthesia
- Describe the nurse’s pre-operative responsibilities in moderate sedation
- Describe the nurse’s peri-operative responsibilities in moderate sedation
- Describe the nurse’s post-operative responsibilities in moderate sedation

DVD runtime: 21:17 min. © 2015 Reg. Price $315

Moderate or Procedural Sedation: Preventing and Managing Complications; Sedation in Children 78804BS
Not all patients are good candidates for moderate, or procedural, sedation. Pregnant women, and patients with kidney, liver, and cardiac disease may be excluded from receiving sedating drugs, as well as those patients with respiratory compromise, acute narrow angle glaucoma, unstable arrhythmias. In addition, young children, infants, neonates must be treated with caution. The purpose of this program is to provide nurses and others an understanding of monitoring and managing complications of moderate sedation, and the special responsibilities of performing moderate sedation on children. After completing this course, you should be able to:

- Identify complications of moderate sedation
- Describe the safe use of reversal drugs
- Define the nurse’s responsibilities during moderate sedation of children
- Describe discharge criteria after moderate sedation of children

DVD runtime: 23:38 min. © 2015 Reg. Price $315
LPN Onsite Scope of Practice Series for LPNs:

LPN Onsite Scope of Practice Series for LPNs: Program 1: The Path to Optimizing Care and Outcomes LPN100
This is the first of a four-part scope of practice learning series for licensed practical nurses (LPNs) working in long term and post-acute care facilities. This program uses peer-to-peer learning with working LPNs sharing their insights to describe the role of the LPN, and essential tools LPNs can use to optimize care and outcomes. This program has been reviewed and endorsed by the National Association of Directors of Nursing in Long Term Care (NADONA). After viewing this program, learners should be able to:
• List three factors that will impact the work of LPNs for the foreseeable future
• Explain how, under the direction of an RN, LPNs can contribute to each phase of the nursing process
• Describe four kinds of data typically collected by LPNs and its importance in optimizing care
• Describe how observation and critical thinking skills are used to optimize care

LPN Onsite Scope of Practice Series for LPNs: Program 2: A Question of Scope LPN101
This is the second of a four-part scope of practice learning series for licensed practical nurses (LPNs) working in long term and post-acute care facilities. LPNs are vital to optimizing patient care, but there are a number of areas where they are limited by their license. This program identifies typical activities LPNs are not allowed to perform, and shows how they can contribute and support these activities being performed by RNs and other approved licensed providers. This program has been reviewed and endorsed by the National Association of Directors of Nursing in Long Term Care (NADONA). After viewing this program, learners should be able to:
• Explain how to know if he/she has overstepped his/her scope of practice
• Describe who defines an LPNs scope of practice and why
• Identify two factors that determine the degree of direction an RN will give an LPN
• List five reasons an LPN should decline an assigned task

LPN Onsite Scope of Practice Series for LPNs: Program 3: LPNs, Data Collection and the Assessment Process LPN102
This is the third of a four-part scope of practice learning series for licensed practical nurses (LPNs) working in long term and post-acute care facilities. LPNs play a vital role in the patient assessment process. Although they cannot perform comprehensive assessments, they contribute and support this process through data collection, observation, and reporting. This program describes these processes, and has been reviewed and endorsed by the National Association of Directors of Nursing in Long Term Care (NADONA). After viewing this program, learners should be able to:
• Describe the nursing assessment process
• Explain the LPNs role in the assessment process
• List four examples of changes in a patient that should be recognized and reported promptly
• Identify four key sources of patient data
• Describe three purposes for establishing a baseline of the patient’s health status

LPN Onsite Scope of Practice Series for LPNs: Program 4: The Power of Observation, Critical Thinking, and Proof of Performance LPN103
This is the final program in the four-part scope of practice learning series for licensed practical nurses (LPNs) working in long term and post-acute care facilities. Observation and critical thinking play a key role in the LPN’s ability to optimize positive patient outcomes. This program demonstrates and describes in detail how observation and critical thinking are used to provide quality patient care. It provides peer-to-peer learning through the use of seven case studies that feature working LPNs sharing their insights to resolving patient care challenges. This program has been reviewed and endorsed by the National Association of Directors of Nursing in Long Term Care (NADONA). After viewing this program, learners should be able to:
• Describe four key elements of the observation process
• Explain the critical thinking process and how it is used to optimize patient care
**Essential Nursing Informatics Series**

**Essential Nursing Informatics: Introduction  M286A**
Informatics has been called the intersection where health and information technology meet. Informatics connects healthcare professionals with information they need to both promote and provide a higher quality of care, as well as patient safety. But what, exactly is nursing informatics? This program is the first in a three-part series that provides an overview of the essential elements of nursing informatics, and how informatics can be used with a focus on patient care. After viewing the program, the learner will be able to:

- Define nursing informatics
- Describe how the American Recovery and Reinvestment Act spurred the growth of electronic medical records
- Explain the difference between computer hardware and software
- Describe five general types of informatics technology used for patient care

**DVD runtime: 22 min. © 2017 Reg. Price $315**

**Essential Nursing Informatics: Impact on Healthcare and Quality Initiatives  M286B**
Nursing informatics can increase accurate communication, help create an environment of greater efficiency, and help reduce errors resulting in improved patient safety. In many ways, the backbone for these improvements is the electronic health record (EHR). This program is the second in a three-part series that provides an overview of the essential elements of nursing informatics, and describes how EHR works with informatics to improve patient care. After viewing the program, the learner will be able to:

- List and explain the positive impacts of informatics in healthcare for the patient, facility, and personnel
- Describe different examples of quality initiatives to better improve the function of the healthcare system
- Discuss how technology has advanced the field of healthcare to make it more efficient
- Explain how to use different forms of technology for better quality service in healthcare

**DVD runtime: 19:30 min. © 2017 Reg. Price $315**

**Essential Nursing Informatics: Impact on Nursing  M286C**
Technological advances have improved different sectors within society, and informatics has done this for nursing. This improvement has led to better systems that leave less margin for error, and its impact can be seen within the field of nursing. This program, the final in a three-part series, provides overview of the essential elements of nursing informatics, and how informatics can be used with a focus on patient care. After viewing the program, the learner will be able to:

- Explain how informatics has revolutionized the field of nursing
- Delineate the details of the Technology Informatics Guiding Education Reform (TIGER) guidelines
- Differentiate between the role of an informatics nurse (IN) and an informatics nurse specialist (INS)
- List the duties of informatics nurses as project managers

**DVD runtime: 26 min. © 2017 Reg. Price $315**
Evidence-Based Practice: What It Is and What It Is Not  M257S
What is evidence-based practice, and where does evidence-based practice fit into the professional practice of nursing? This program—now updated with a new look and feel—presents the learner with important concepts about the relationship between nursing practice and nursing research, and how evidence-based practice influences decisions, interventions and evaluation of nursing care. After completing this course, the learner should be able to:
• Define evidence-based practice
• Explain the process for using research to improve patient care
• Describe the development of a nursing plan of care using evidence-based practice
DVD runtime: 21 min. © 2017  Reg. Price $315

Nursing Theory: Application to Nursing Practice  M256R-DVDL
Nursing theory is the foundation of knowledge for the direction and delivery of nursing care, and is used to describe, explain, predict and develop a plan of nursing care. This program presents the learner with important concepts about how nursing theory is applied to the care of patients. After completing this course, the learner should be able to:
• Define nursing theory and gain an understanding of its importance and application
• Define and distinguish between “grand theories” and mid-range theories
• Implement an expanded nursing assessment
• Perform appropriate nursing interventions and evaluations
Program includes 20 CE workbooks. Additional workbooks $1.50 each with minimum purchase of 20.
DVD runtime: 20 min; Workbook 20 pages; Designated for 1 contact hr. of continuing nursing education. © 2017 Reg. Price $345

Nursing Process and Critical Thinking Series

Nursing Process and Critical Thinking:
The Nursing Process  78792R
The Nursing Process is an essential decision-making system used by nurses to meet the healthcare needs of patients. It can be used in any setting and it allows for specific, individualized and holistic activities that promote the patient’s return to optimum health. This program provides a description of each of the five steps of the nursing process, and demonstrates their application in a realistic patient case scenario. After viewing the program, the learner will be able to:
• Define the nursing process
• List and describe each of the 5 steps of the nursing process
• Explain the value of using the nursing process to improve patient care
DVD runtime: 26:51 min. © 2015  Reg. Price $249

Nursing Process and Critical Thinking:
Critical Thinking in the Nursing Process  78793R
Adapting to new and increasing healthcare technology and coping with multiple nursing and medical priorities has required nurses to develop essential critical thinking and reason skills. Critical thinking is the rational examination and analysis of available information that leads to the formulation of conclusions and alternatives that are the most appropriate for the situation and it is an essential part of the nursing process. This program will demonstrate how critical thinking skills are applied to clinical practice through the use of 12 vignettes that follow a nursing student and her colleagues as they care for a chronically ill patient. After viewing the program, the learner will be able to:
• Define critical thinking as an organized way of thinking
• Identify and briefly describe selected elements of critical thinking
• Explain how critical thinking is essential in the nursing process
DVD runtime: 26 min. © 2015  Reg. Price $249
Assessment of the Newborn Series

Assessment of the Newborn: The First Ten Minutes  78811AR
As a baby is born, there are many unique anatomical and physiological characteristics that must be immediately assessed. If nurses and healthcare professionals are not equipped with the knowledge of these characteristics, it would be difficult to properly evaluate the health of a newborn. Therefore, this program provides nurses with the necessary information to thoroughly assess the newborn child. After viewing the program, the learner will be able to:

- Assess and facilitate the first breaths of the newborn
- Deal effectively with an infant that has expelled meconium
- Use the proper techniques to measure neonatal pulse and respiration
- Implement actions to maintain the infant’s body temperature
- Describe factors that increase the infant’s susceptibility to cold stress
- Evaluate and provide infants with an Apgar score at 1 and 5 minutes after birth
- Use appropriate methods to evaluate the infant’s cord vessels
- Properly administer Vitamin K prophylaxis.

DVD runtime: 18:04 min.  © 2016  Reg. Price $315

Assessment of the Newborn: The Head to Toe Assessment  78811BR
The head to toe assessment of the newborn begins with a discussion of vital signs and continues with a presentation of issues related to eye care. Normal standards are introduced in order to gauge the health of the newborn, focusing on the trunk, umbilical cord, skin, extremities, genitalia, and anus. Nurses must know this information in order to complete a thorough assessment of the newborn. After viewing the program, the learner will be able to:

- Measure the newborn’s body temperature
- Perform appropriate eye prophylaxis
- Accurately measure the infant’s weight, length and circumference of the head, chest and abdomen
- Assess the infant’s trunk and extremities for symmetry
- Examine the skin for intactness, quality, turgor and color
- Assess the infant’s spine and extremities, including fingers and toes
- Examine the newborn’s genitals and anus and identify any abnormalities
- Screen the infant for specific disorders, including hearing loss and phenylketonuria (PKU)
- Understand the procedure required to test for PKU

DVD runtime: 17:12 min.  © 2016  Reg. Price $315

Assessment of the Newborn: Cardiopulmonary Assessment and Cardiac Anomalies  78811CR
Newborns are delicate and require thorough assessment upon being born, which makes it critical that nurses and healthcare professionals are equipped with this understanding in order to complete the necessary assessments. This program begins with an overview of fetal circulation and continues on to examine issues related to the cardiopulmonary assessment. Cardiac anomalies are also discussed, as well as acrocyanosis, retractions, transient tachypnea and infant respiratory distress syndrome. After viewing the program, the learner will be able to:

- Describe fetal circulation
- Perform a respiratory assessment
- Take blood pressure
- Perform a cardiac assessment
- Identify the main categories and types of cardiac anomalies

DVD runtime: 18:57 min.  © 2016  Reg. Price $315

Assessment of the Newborn: Physical Anomalies and Neurologic Issues  78811DR
Physical anomalies within the newborn must be thoroughly examined such as neural tube defects (anencephaly, spina bifida and meningocele), craniosynostosis and cleft lip and palate. Nurses and healthcare professionals must be able to identify such anomalies as it is apart of the newborn assessment. As neurologic issues can arise, this program also discusses the infant brain, neurons, and neonatal hypoglycemia. After viewing the program, the learner will be able to:

- Identify neural tube defects, including anencephaly, spina bifida and meningocele
- Identify signs of craniosynostosis and cleft lip and palate
- Identify features such as simian crease, pilonidal sinus and gastrochisis
- Describe the infant brain and neurons
- Perform a neurological assessment and identify various neurologic issues
- Accurately identify the signs and symptoms of neonatal hypoglycemia
- Describe the causes and symptoms of pathological jaundice and perform appropriate interventions

DVD runtime: 19:09 min.  © 2016  Reg. Price $315

Assessment of the Newborn: Gestational Age and Newborn Reflexes  78811ES
Once a baby is born, many aspects of neuromuscular and physical maturity must be examined. This program focuses on the New Ballard Gestational Age Assessment, developed by Dr. Jeanne Ballard. It is critical that nurses and healthcare professionals working with newborns are aware of how to properly perform each assessment, as well as the 13 newborn reflexes, which are also covered in this program. After viewing the program, the learner will be able to:

- Properly perform the New Ballard Gestational Age Assessment
- Assess for neuromuscular and physical maturity
- Accurately report and score the results of the exam
- Identify and test for the 13 newborn reflexes

DVD runtime: 17:24 min.  © 2016  Reg. Price $315

Assessment of the Newborn: Physical Anomalies and Neurologic Issues  78811DR
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- Identify signs of craniosynostosis and cleft lip and palate
- Identify features such as simian crease, pilonidal sinus and gastrochisis
- Describe the infant brain and neurons
- Perform a neurological assessment and identify various neurologic issues
- Accurately identify the signs and symptoms of neonatal hypoglycemia
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DVD runtime: 19:09 min.  © 2016  Reg. Price $315

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- Assess for neuromuscular and physical maturity
- Accurately report and score the results of the exam
- Identify and test for the 13 newborn reflexes

DVD runtime: 17:24 min.  © 2016  Reg. Price $315
Now Available

Obstetrical Nursing Series
Each program includes 20 workbooks. Additional workbooks $1.50 each with minimum purchase of 20.

Obstetrical Nursing: Caring for the Antepartum Patient 78798AS-DVDL
The pregnant woman experiences significant changes during pregnancy that affect all of her major body systems and emotions. This program focuses on the physiological and emotional changes a woman goes through during pregnancy, and includes information that can assist the nurse in caring for and reassuring her pregnant patients. Patient history and prenatal care is also discussed. After completing this course, the learner should be able to:

• Distinguish normal gestation from preterm gestation
• Identify all of the major physical changes that occur during pregnancy
• Distinguish how these wide ranging physical changes can affect a pregnant woman’s physical and emotional functioning and well being
• Identify appropriate information that should be gathered and tests that should be taken during initial obstetrical visits
• Use specific terms to identify number of pregnancies and number of deliveries for each patient
• Identify the various laboratory tests and monitoring procedures that must be performed at various points during the pregnancy

DVD runtime: 22:26 min; Workbook 20 pages; Designated for 0.5 contact hr. of continuing nursing education. © 2015 Reg. Price $345

Obstetrical Nursing: Electronic Fetal Monitoring 78798BS-DVDL
While most births occur naturally and without complication, some do not. The labor and delivery nurse must be able to use effective monitoring systems in order to observe changes in the status of the fetus during labor. By understanding the latest monitoring techniques and equipment, including electronic fetal monitoring systems, the nurse can help to create a positive delivery outcome for her patients. This program focuses on the latest electronic fetal monitoring devices and practices. After completing this course, the learner should be able to:

• Identify the most commonly used types of fetal monitoring equipment
• Explain how the electronic fetal monitor is attached and used
• Educate patients regarding fetal monitoring
• Monitor for complications during labor using different monitoring techniques

DVD runtime: 25:02 min; Workbook 22 pages; Designated for 0.5 contact hr. of continuing nursing education. © 2015 Reg. Price $345

Obstetrical Nursing: Complications of Pregnancy 78798CU-DVDL
While most women have healthy, straightforward pregnancies, some will experience significant complications. This program provides an overview of some of the more common complications of pregnancy and offers information about how these challenges can be managed in order to help ensure a safe and successful delivery. After completing this course, the learner should be able to:

• Discuss various complications that can occur during pregnancy, including preterm labor, placenta previa, abruptio placenta, preeclampsia and eclampsia
• Identify the most common signs and symptoms of each of the complications described
• Describe techniques and methods that are commonly used to manage these pregnancy complications
• Discuss strategies that nurses and other healthcare personnel can use to help the mother carry her pregnancy to term and deliver a healthy newborn

DVD runtime: 20:23 min; Workbook 20 pages; Designated for 0.5 contact hr. of continuing nursing education. © 2015 Reg. Price $345

Obstetrical Nursing: Labor and Delivery 78798DS-DVDL
Labor is the apt term to describe the birthing process, which is laborious and painful, and characterized by distinct stages and phases. This course details the process of labor and introduces practices that nursing personnel can use to help ensure positive delivery outcomes for patients. After completing this course, the learner should be able to:

• Define and describe the four stages of labor
• Differentiate between the stages and phases of labor
• Discuss in detail, the nursing care that should be performed through each phase and stage of labor

DVD runtime: 16:24 min; Workbook 20 pages; Designated for 0.5 contact hr. of continuing nursing education. © 2015 Reg. Price $345

Obstetrical Nursing: Pain Control 78798ES-DVDL
Labor is the apt term to describe the birthing process, which is laborious and painful. This course describes how the body responds to pain during labor, and provides a detailed overview of the different pain relief techniques and medications that are available. After completing this course, the learner should be able to:

• Discuss how the body responds to pain during the stages of labor
• Define various non-pharmacologic methods of pain relief for the mother
• Discuss the different types of medication and regional anesthesia that can be used to reduce pain during labor
• Describe advantages and disadvantages of different pain relief methods
• Compare the effects of different types of pain relief medications on both the mother and fetus

DVD runtime: 15:13 min; Workbook 20 pages; Designated for 0.5 contact hr. of continuing nursing education. © 2015 Reg. Price $345

Obstetrical Nursing: Assisted Delivery and Cesarean Section 78798FS-DVDL
Some women experience no problem giving birth to their babies. Others have difficulty and need assistance. Common procedures used to assist a baby’s birth include forceps delivery, vacuum extraction and cesarean section. This course provides an overview of these procedures and details the Labor and Delivery nurse’s responsibilities in regard to forceps delivery, vacuum extraction and C-section. The course also discusses the nurse’s role in patient education regarding these procedures. After completing this course, the learner should be able to:

• List indications for assisted delivery
• Define and describe the most common devices and techniques used in assisted delivery
• Describe patient and equipment preparation procedures for C-section
• Discuss the importance of patient education in emergent obstetrical situations

DVD runtime: 17:05 min; Workbook 20 pages; Designated for 0.5 contact hr. of continuing nursing education. © 2015 Reg. Price $345
Now Available

Obstetrical Nursing:

Newborn Stabilization and Care  78798GT-DVDL

While most births occur naturally and without complication, some do not. By understanding basic newborn stabilization and care practices, the nurse can help to create a positive delivery outcome for her patients. This latest edition of this program has been updated to include recommendations from the 7th Edition of the Neonatal Resuscitation Program (NPR). After completing this course, the learner should be able to:

• Discuss physiological changes that occur at birth that allow the neonate to adapt to life outside the uterus
• Assess and provide for the stabilization needs of the healthy neonate
• Explain the use of the Apgar test
• Describe the key steps that must take place if the newborn is suffering from respiratory distress

DVD runtime: 17 min; Workbook 20 pages; Designated for 0.5 contact hr. of continuing nursing education.  © 2017  Reg. Price $345

Obstetrical Nursing:

Caring for the Postpartum Patient  78798HS-DVDL

During the postpartum period of care, the patient may require a notable amount of physical and psychological care. This course focuses on the physiological, psychological and emotional changes a woman goes through during the postpartum period, and includes information that can assist the nurse in caring for and reassuring her postpartum patients. The course also discusses the importance of emotional support and patient education during the postpartum phase of care. After completing this course, the learner should be able to:

• List and discuss the physiological changes that occur in the postpartum patient
• List and discuss the psychological and emotional changes that can occur in the postpartum patient
• Describe and perform physical assessment of the postpartum patient
• Discuss the nurse’s primary role during postpartum care
• Discuss the importance of emotional support and patient education during the postpartum phase of care

DVD runtime: 17:12 min; Workbook 20 pages; Designated for 0.5 contact hr. of continuing nursing education.  © 2015  Reg. Price $345
Now Available

Pain Management Series

Pain Management:
The Pain Process & Patient Assessment    78800AR
This program describes psychophysiological factors and other elements involved in the pain process. It describes the techniques of a thorough pain assessment, and identifies outcomes needed for an effective pain management program. After completing this course, you should be able to:
• Explain the physiological processes involved in pain
• Describe other processes, such as psychological and social, involved in the subjective experience of pain
• Describe the techniques of pain assessment
• List the outcomes of a pain management program
DVD runtime: 25:10 min.    © 2015    Reg. Price $295

Pain Management:
Pharmacological Treatment & Classification of Pain    78800BR
This second program in the four part pain series will examine the three major groups of medications used to treat and manage pain: non-opioids, opioids, and adjuvants. It will also examine pain's etiology and expected treatment cycle. Using this approach, it classifies pain as: acute, chronic non-malignant, and chronic malignant. After completing this course, you should be able to:
• Describe the uses of non-opioid pain medications
• Explain the uses of opioid pain medications
• Describe the uses of adjuvant medications
• Explain the differences between acute, chronic and chronic malignant pain
DVD runtime: 20:57 min.    © 2015    Reg. Price $295

Pain Management: Physical and Cognitive Treatment    78800CR
This program examines the patient's pain experiences and shows how these experiences impact the caregiver's pain management strategies. In addition, complimentary treatment modalities commonly used in comprehensive pain management programs are examined. Complimentary pain treatment refers to the use of non-pharmacological treatments for relieving or reducing pain. After completing this course, you should be able to:
• Describe the types of distraction therapies used in pain relief
• Describe the types of relaxation therapies used in pain relief
DVD runtime: 19:46 min.    © 2015    Reg. Price $295

Pain Management: Treatment for Special Populations    78800DS
This last of four programs on pain management will examine the development of pain management programs for special populations: those who deny their pain, those not fully conscious, those with dementia, and age-specific groups from neonates to the elderly. After completing this course, you should be able to:
• Explain pain assessment and management for those not fully conscious
• Describe pain assessment and management for those with dementia
• Explain pain assessment and management for different age groups
DVD runtime: 22 min.    © 2015    Reg. Price $295
Pediatric Pain Management Series

Pediatric Pain Management: Understanding Pediatric Pain  M263AR
Pain in childhood that is not adequately addressed can be detrimental to physical, emotional and academic development. It is critical that healthcare providers be able to evaluate pain in children and provide the means to alleviate it. The Pediatric Pain Management series has been updated with a new look and feel. This program provides nurses and other healthcare professionals with an overview of pediatric pain. After completing this course, the learner should be able to:
• Define types of pain
• Identify the main misconceptions about pain among pediatric patients
• Differentiate between acute, chronic and procedural pain
• Distinguish between nociceptive pain and neuropathic pain
• Explain the different ways in which children understand, process and express pain
DVD runtime: 16:30 min. © 2017 Reg. Price $315

Pediatric Pain Management: Assessing Pediatric Pain  M263BR
No pediatric patient should have to endure pain. But the discomfort many children feel because of injury, illness, or medical intervention may be missed because of inadequate assessment techniques. It is critical that healthcare providers be able to evaluate pain in children and provide the means to alleviate it. The Pediatric Pain Management series has been updated with a new look and feel. This program is designed to give nurses the ability to assess pain in pediatric patients of all ages and abilities. After completing this course, the learner should be able to:
• Describe an evidence-based assessment of pediatric pain
• Take a pain history
• Explain the use of regular pain evaluations using objective criteria and/or standardized scales
• Describe the use of the PQRST mnemonic and other standard methods to assess the child’s pain
• Use both non-verbal and self-reporting tools to measure a child’s pain
• Describe physiologic signs of pediatric pain
• Utilize behavioral observation scales to assess pediatric pain
DVD runtime: 10:30 min. © 2017 Reg. Price $315

Pediatric Pain Management: Treating Pediatric Pain  M263CR
Pediatric pain can be difficult to manage for many healthcare providers, which can lead to undertreatment. There is a common misconception that children experience pain in the same way as adults, but this has been challenged. Nonetheless, the pain must be understood in order for it to be treated or alleviated in any way. Healthcare providers must do all that they can to help pediatric patients describe the pain, so that it can be effectively treated. The Pediatric Pain Management series has been updated with a new look and feel. This program provides healthcare personnel with the necessary techniques to utilize when treating pediatric pain, as well as working with children to explain it. After completing this course, the learner should be able to:
• Compare and contrast the different types of non-pharmacological pain treatments
• Recommend pharmacological pain treatments best for pediatric patients of all ages
• Define cognitive, behavioral, and physical interventions as non-pharmacological therapies for pain
• Explain the three-step analgesic ladder for the management of cancer pain
• Identify techniques to manage different types of pain
DVD runtime: 11:50 min. © 2017 Reg. Price $315

Child Abuse Series

Child Abuse: Introduction and Neglect  78868A-DVDL
Child abuse has been described as a silent epidemic, which strikes infants, youngsters, and teens without prejudice. These victims come from all socioeconomic groups, races, and religions. This first of three programs will discuss the broad concepts of child abuse, including its prevalence in the United States and the characteristics of families and children who are at risk for its occurrence. It will also focus on the most common form of abuse, neglect. After completing this course, you should be able to:
• Define child abuse
• List four types of child abuse
• Identify four characteristics typical of child abusers
• Define neglect
• List five categories of neglect
• Describe signs of neglect in children at various ages
Program includes 20 CE workbooks. Additional workbooks $1.50 each with minimum purchase of 20.
DVD runtime: 18:36 min; Workbook 22 pages; Designated for 0.5 contact hr. of continuing nursing education. © 2015 Reg. Price $345

Child Abuse: Physical & Psychological Abuse  78868B-DVDL
Child abuse has been described as a silent epidemic, which strikes infants, youngsters, and teens without prejudice. These victims come from all socioeconomic groups, races, and religions. This second of three programs will focus on two types of maltreatment: physical and psychological abuse. After completing this course, you should be able to:
• Define physical and psychological abuse
• List characteristics of children at risk for physical abuse
• Describe characteristics of parents who are physically and/or psychologically abusive
• Identify signs of physical abuse and how they can occur in different areas of the body
• Identify behaviors in both children and caretakers that indicate that abuse may have taken place
• List seven signs in the child that may indicate psychological abuse has or is occurring
Program includes 20 CE workbooks. Additional workbooks $1.50 each with minimum purchase of 20.
DVD runtime: 18:30 min; Workbook 22 pages; Designated for 0.5 contact hr. of continuing nursing education. © 2015 Reg. Price $345

Child Abuse: Sexual Abuse  78868C
Healthcare professionals have to deal with all types of patients and situations that are difficult. Yet one of the most disturbing things they have to encounter is the abuse of an innocent child. This is especially challenging when they have to interview the parent or caregiver they believe is responsible for the maltreatment. This program provides an overview of the issue of child abuse in the United States as well as detailed information on identifying various types and signs of sexual abuse, the responsibilities of healthcare providers when caring for victims, and the reporting of maltreatment. After completing this course, you should be able to:
• Describe the characteristics of perpetrators and victims of sexual abuse
• Describe types of sexual abuse and the phases of sexual abuse
• Identify the signs of sexual abuse
• Describe professional responsibilities relating to sexual abuse
• Describing the duty and responsibilities of professionals in reporting abuse
DVD runtime: 19 min. © 2015 Reg. Price $315
Fall Prevention Series

Fall Prevention Part 1: Risk Assessment M202SA
Falls among older patients and at-risk patients are very common. This program will cover the importance of making a risk assessment for each person in your care, and a risk assessment of the environment at the facility. This is the first program in Medcom’s Fall Prevention series—updated with a new look and feel—that can help you and your institution meet the Joint Commission’s National Patient Safety Goals. After completing this course, the learner should be able to:

- Identify the seven crucial screening factors that must be assessed to determine a patient’s level of fall risk
- Conduct a thorough risk assessment of the environment throughout the facility
- Accurately identify which patients are at risk for trips and falls in a hospital
- Educate at-risk patients and their family members about the specific risk factors associated with their condition, and review strategies to minimize them
- Utilize a variety of tools and techniques to minimize fall risk in the patient environment

DVD runtime: 19 min. © 2015 Reg. Price $199

Fall Prevention Part 2: Preventive Strategies and Products M202SB
Falls are associated with increased morbidity and mortality, especially for those over 65. This program provides nurses and other healthcare providers with information about the wide variety of preventative strategies and products that can be used to reduce the risk of injury from falls. This is the second program in Medcom’s Fall Prevention series—updated with a new look and feel—that can help you and your institution meet the Joint Commission’s National Patient Safety Goals. After completing this course, the learner should be able to:

- Identify the risk or level of risk for patients
- Implement preventative strategies and nursing procedures to reduce the risk of falls for patients
- Utilize a wide range of tools and products designed to prevent falls and protect patients from fall-related injuries

DVD runtime: 16:46 min. © 2015 Reg. Price $199

Fall Prevention Part 3: A Comprehensive Fall Prevention Program M202SC
Falls are associated with increased morbidity and mortality, especially for those over 65. This program will describe creating a comprehensive fall reduction program. In addition, the steps to make to a post-fall report will be provided. This is the third program in Medcom’s 3-part Fall Prevention series—updated with a new look and feel—that can help you and your institution meet the Joint Commission’s National Patient Safety Goals. After completing this course, the learner should be able to:

- Identify the purpose and duties of a fall prevention committee
- Explain the importance of defining risk assessment policies and procedures within the facility
- Describe the importance of defining fall prevention protocols, educating fellow staff members and monitoring the effectiveness of protocols once they have been put in place
- Outline important points to cover in a post-fall assessment and root cause analysis

DVD runtime: 21 min. © 2015 Reg. Price $199

National Patient Safety Goals 2018 M223R20
For the 2018 National Patient Safety Goals for acute care settings, the Joint Commission revised Elements of Performance related to reducing the risk of healthcare-associated infections. This program has been updated to reflect this change.

The goals emphasized in National Patient Safety Goals 2018 are targeted to facilities with the following healthcare environments:
- Ambulatory Care
- Office-Based Surgery
- Critical Access Hospitals
- Hospitals

This program describes the following patient safety goals:
- Improve the accuracy of patient identification
- Improve the effectiveness of communication among caregivers
- Improve the safety of using medications
- Reduce the risk of healthcare-associated infections
- Improve the safety of clinical alarm systems
- The organization identifies safety risks inherent in its patient population

The goal of this program is to define and discuss the Joint Commission’s National Patient Safety Goals for 2018, including the problems and concerns that have led to its implementation. The program provides a detailed review of the various patient safety goals that have been identified for implementation, plus the Elements of Performance that will be required to meet these goals.

DVD runtime: 28 min. © 2017 Reg. Price $315

Fire Safety in Healthcare Facilities 78813R
Fire is a serious threat for any healthcare facility. Every healthcare employee must be prepared to respond quickly and efficiently if a fire occurs. This program covers the information every employee needs to know.

- Describes fire safety procedures based on RACE (Remove, alarm, contain, extinguish)
- Details the steps to follow when there is a fire within a facility
- Discusses potential fire hazards found within healthcare facilities
- Demonstrates the proper procedure for using a fire extinguisher
- Demonstrates various evacuation carries which can be used to safely and quickly evacuate residents

DVD runtime: 12 min. © 2013 Reg. Price $199
Caring for Patients With Special Needs Series

Caring for Patients With Special Needs: Cognitive Impairment 78799AR
Cognitive impairment often has symptomatic conditions such as impaired awareness, memory, mood, and judgment that can affect providing care. These signs are commonly caused by underlying conditions such as Alzheimer’s disease, multi-infarct dementia, and post-traumatic brain injury. This is the first program in a new edition of a three-part series on Caring for Patients With Special Needs, and provides specific strategies for providing care to patients with dementia, demonstrated in an acute care setting. Assessment of critical areas is also discussed including:
• Communication
• Patient comfort
• Daily caregiving issues
• Discharge planning and follow up

After viewing this program, the learner should be able to:
• Recognize four functions that may be affected when a person has cognitive impairment.
• Identify three conditions that may result in impaired cognition
• Discuss assessment areas for a person with impaired cognition in regard to day-to-day caregiving, comfort activities, communication and follow-up care
• State behavioral management strategies for a hospitalized person who is cognitively impaired

DVD runtime: 18:30 min. © 2017 Reg. Price $295

Caring for Patients With Special Needs: Visual Impairment 78799BR
Patients with visual impairments can present challenges when trying to ensure the safe provision of care. This is the second program in a new edition of a three-part series on Caring for Patients With Special Needs. This program identifies common symptoms and causes of vision loss. It also demonstrates and describes practical strategies for teaching visually impaired individuals, and assisting them adapt to new environments. After viewing this program, the learner should be able to:
• Identify the eye's basic structures
• Define the terms “low vision” and “blindness”
• Recognize common causes of visual impairment
• Discuss strategies of providing safe care for visually impaired persons in the healthcare setting

DVD runtime: 16:30 min. © 2017 Reg. Price $295

Caring for Patients With Special Needs: Hearing Impairment 78799CR
When hearing impairment interferes with a patient’s listening skills, care providers need to adapt to ensure that instructions for care are understood. Strategies for effectively caring for those with hearing impairment is described in the third and final program in a new edition of a three-part series on Caring for Patients With Special Needs. Common causes and symptoms of hearing loss are identified in this program and strategies for communicating with those with hearing impairment are demonstrated. In addition, methods for understanding those whose speech may be affected are also shown, and the legal requirements for providing interpreters and other communication services to deaf individuals and their families is discussed. After viewing this program, the learner should be able to:
• Identify basic ear anatomy
• Identify two common types of hearing loss
• Recognized symptoms of hearing loss
• Discuss strategies for communicating with a hearing-impaired person
• Discuss strategies for communicating with a person whose speech is difficult to understand
• Explain the legal requirements for providing interpretive services for deaf individuals

DVD runtime: 18:35 min. © 2017 Reg. Price $295