NEW PROGRAMS NOW AVAILABLE

Supplemental to the 2015–2016 Catalog
This insert includes programs now available since catalog publication in January, 2015

<table>
<thead>
<tr>
<th>Table of Contents</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Basic Clinical Skills</td>
<td>3</td>
</tr>
<tr>
<td>Blood Collection</td>
<td>7</td>
</tr>
<tr>
<td>Cardiology</td>
<td>8</td>
</tr>
<tr>
<td>Communications</td>
<td>9</td>
</tr>
<tr>
<td>Immunology</td>
<td>10</td>
</tr>
<tr>
<td>Legal Aspects of Nursing</td>
<td>11</td>
</tr>
<tr>
<td>Long Term Care</td>
<td>13</td>
</tr>
<tr>
<td>Medical Assistant</td>
<td>14</td>
</tr>
<tr>
<td>Medication Administration</td>
<td>15</td>
</tr>
<tr>
<td>Nurse Education</td>
<td>16</td>
</tr>
<tr>
<td>Nursing Management</td>
<td>17</td>
</tr>
<tr>
<td>Nursing Process</td>
<td>18</td>
</tr>
<tr>
<td>Obstetrical Nursing</td>
<td>19</td>
</tr>
<tr>
<td>Pain Management</td>
<td>21</td>
</tr>
<tr>
<td>Pediatrics</td>
<td>22</td>
</tr>
<tr>
<td>Safety</td>
<td>23</td>
</tr>
</tbody>
</table>

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Continuing Education for Nurses
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Continuing Education for Long Term Care Administrators
These courses are designated for continuing education for nursing home administrators by the National Association of Boards of Examiners of Long Term Care Administrators.
Pathophysiology Series

Pathophysiology: The Immune System PATH100A
An understanding of basic pathophysiology—the study of the processes and mechanisms of disease in the body and the accompanying functional changes that result—is a foundational skill for healthcare professionals in any setting. But there is one body system that affects all the others: the immune system. The immune system works to keep all the other body systems healthy and functioning. The first program in this two-part series describes the components of the immune system, and should be reviewed before viewing this program. This program describes how these components work together to respond to harmful pathogens. In addition, it provides an overview of the pathology of one of the greatest challenges to the immune system: cancer. After completing this course, the learner should be able to:
- Name the three major types of immunity
- Identify and describe the five types of cells associated with the innate immune system
- Identify and describe the eight types of cells associated with the adaptive immune system
- Describe the functions of complement proteins and antibodies


Pathophysiology: Immune System Responses PATH100B
An understanding of basic pathophysiology—the study of the processes and mechanisms of disease in the body and the accompanying functional changes that result—is a foundational skill for healthcare professionals in any setting. But there is one body system that affects all the others: the immune system. The immune system works to keep all the other body systems healthy and functioning. The first program in this two-part series describes the components of the immune system, and should be reviewed before viewing this program. This program describes how these components work together to respond to harmful pathogens. In addition, it provides an overview of the pathology of one of the greatest challenges to the immune system: cancer. After completing this course, the learner should be able to:
- Describe the immune system response to bacteria
- Describe the immune system response to viruses
- List factors which may precipitate cancer
- Describe metastasis
- List seven cancer type classifications

DVD runtime: 19:52 min. © 2016 Reg. Price $295

Pathophysiology: Cardiac Pathology Part 2 PATH101B
The human heart is amazing. It beats over 100,000 per day and pumps 15 gallons of blood throughout the body every minute. Yet it is not infallible, and even today, with the emphasis on heart-healthy life that encompasses a low-carbohydrate, low-salt, low-cholesterol, and low-fat diets, as well as routine exercise, heart disease is still the leading cause of death around the globe. This final program on cardiac pathology describes dysrhythmias of the cardiac conduction system, which is responsible for initiating and conducting electrical impulses to produce rhythmic heartbeats. Valvular heart disease is also described. After completing this course, the learner should be able to identify the ECG waveforms and describe the following cardiac dysrhythmias:
- Sinus bradycardia
- Sinus tachycardia
- Atrial tachycardias
- Atrial flutter
- Atrial fibrillation
- Premature ventricular contractions
- Ventricular tachycardia
- Ventricular fibrillation
- Heart blocks

In addition, the learner should be able to identify and describe the risk factors, pathophysiology, and symptoms of valvular heart disease.

DVD runtime: 15 min. © 2016 Reg. Price $295

Pathophysiology: The Vascular System PATH102
The adult human has about six quarts of blood that move through the vasculature in his or her body three times per minute, a circuit that is equal to 12,000 miles. That is four times the distance from the California shore to the beaches of the East Coast of the United States. This program describes disorders that can afflict the arteries, veins, and capillaries of the vascular system. When used with “Pathophysiology: Cardiac Pathology” parts 1 and 2, it provides a complete overview of pathologies of the cardiovascular system. After completing this course, the learner should be able to identify and describe disorders of the vascular system including:
- Atherosclerosis
- Hypertension
- Peripheral vascular disease
- Aneurysm
- Thrombophlebitis
- Raynaud’s disease

DVD runtime: 26 min. © 2016 Reg. Price $295

Pathophysiology: Cardiac Pathology Part 1 PATH101A
The human heart is amazing. It beats over 100,000 per day and pumps 15 gallons of blood throughout the body every minute. Yet it is not infallible, and even today, with the emphasis on heart-healthy life that encompasses a low-carbohydrate, low-salt, low-cholesterol, and low-fat diets, as well as routine exercise, heart disease is still the leading cause of death around the globe. This program, the first in this two-part series on cardiac pathology, will focus on a few of the most common disorders of the heart: coronary heart disease, acute coronary syndrome, angina pectoris, myocardial infarction, and heart failure. After completing this course, the learner should be able to identify and describe the risk factors, pathophysiology, and symptoms of:
- Coronary heart disease
- Acute coronary syndrome
- Angina pectoris
- Myocardial infarction
- Heart failure

DVD runtime: 25 min. © 2016 Reg. Price $295

Pathophysiology: Neurological System:
Acute Brain Injuries PATH103A
So vital is the central nervous system to the wellbeing of the human body that even small changes or damage to parts of the system can result in profoundly life-altering effects. This program focuses on acute injuries to the brain. Beginning with a brief discussion of increased intracranial pressure and cerebral edema, both of which are common in brain pathologies, it describes traumatic brain injuries and stroke. After completing this course, the learner should be able to identify and describe brain injuries including increased intracranial pressure (ICP), cerebral edema, traumatic brain injuries (TBI), concussions, skull fractures, hematatomas, and stroke.

DVD runtime: 28 min. © 2016 Reg. Price $295
Pathophysiology: Neurological System: Acute Spinal Cord Injuries  PATH103B
So vital is the central nervous system to the wellbeing of the human body that even small changes or damage to parts of the system can result in profoundly life-altering effects. This program focuses on acute injuries to the spinal cord including risk factors, classifications of spinal cord injuries, and descriptions of complications. After completing this course, the learner should be able to:

- Identify symptoms of spinal cord injury (SCI)
- Differentiate between neurogenic shock and spinal shock
- List and describe seven classifications of SCI
- Describe common complications of SCI

DVD runtime: 10:20 min.  © 2016  Reg. Price $295

Pathophysiology: Neurological System: Infections  PATH103C
Since the central nervous system is crucial in the maintenance of health within the human body, it is important to understand the issues that can arise when infections occur. This program focuses on infectious processes of the central nervous system, including encephalitis, meningitis, and Guillain Barré, a post-infectious autoimmune disease of the peripheral nervous system. After completing this course, the learner should be able:

- Identify the causes and symptoms of encephalitis
- List and describe the risk factors of meningitis
- Differentiate between bacterial and viral meningitis
- Describe the different types, symptoms, and complications of Guillain Barré (GBS)

DVD runtime: 18 min.  © 2017  Reg. Price $295

Pathophysiology: Neurological System: Seizures and Brain Tumors  PATH103D
The brain and nerves are often thought of as a smooth-running highway of electrical activity inside the body. But uncontrolled electrical activity in the brain—a seizure—can result in tremendous disruption throughout the body, that in turn, can lead to an altered level of consciousness or other neurologic, motor, or behavioral manifestations. In some cases, the cause of the seizure is even more threatening—a brain tumor. This program describes the characteristics, risk factors, and symptoms of different types of seizures and brain tumors. After completing this course, the learner should be able to:

- List three neurological and five additional risk factors for seizures
- Differentiate between generalized seizures and partial (focal) seizures
- List six complications that can arise from seizures
- Explain the four general categories of brain tumors
- Describe the grading scale for malignant brain tumors


Pathophysiology: Neurological System: Degenerative Disorders Part 1  PATH103E
Neurodegenerative diseases are progressive disorders that result in chronic, incurable, debilitating conditions that lead to damage or death of nerve cells. The consequences of these pathologies can result in motor, sensory, and/or cognitive dysfunction and eventually death. This program is the first of two parts on neurodegenerative diseases, and describes the characteristics, risk factors, and symptoms of chronic traumatic encephalopathy, Alzheimer’s disease, Parkinson’s disease, and Huntington’s disease. After completing this course, the learner should be able to describe risk factors and symptoms of:

- Chronic traumatic encephalopathy
- Alzheimer’s disease
- Parkinson’s disease
- Huntington’s disease


Pathophysiology: Neurological System: Degenerative Disorders Part 2  PATH103F
Neurodegenerative diseases are progressive disorders that result in chronic, incurable, debilitating conditions that lead to damage or death of nerve cells. The consequences of these pathologies can result in motor, sensory, and/or cognitive dysfunction and eventually death. This program is the second of two parts on neurodegenerative diseases, and describes the characteristics, risk factors, and symptoms of multiple sclerosis, amyotrophic lateral sclerosis, and myasthenia gravis. After completing this course, the learner should be able to describe risk factors and symptoms of:

- Multiple sclerosis
- Amyotrophic lateral sclerosis
- Myasthenia gravis

Now Available

Auscultation of Breath Sounds
Listening to breath sounds can reveal important diagnostic information about many health conditions related to respiratory function. Because of this, auscultation of the lungs is one of the most valuable clinical assessment skills for caregivers to develop. Updated with a fresh look and feel, this series introduces the physiology and acoustic characteristics of normal breath sounds and identifies physiology components of abnormal and adventitious sounds. The functional basis of breath sounds is described, important characteristics are defined including pitch, intensity and duration. Principles of sound transmission and the significance of voice sounds to assessment findings are discussed.

Auscultation of Breath Sounds: Normal Breath Sounds M264AS
This program presents stethoscope use for lung auscultation, the physiology of normal breath sounds, selected landmarks used for auscultation, and the basic procedures for an pulmonary auscultation assessment. After completing this course, you should be able to:
- Identify the components of a stethoscope
- Describe the anatomy of the respiratory system
- Differentiate tracheal breath sounds, bronchial breath sounds, bronchovesicular breath sounds, and vesicular breath sounds
- Identify anterior and posterior landmarks for breath sounds

DVD runtime: 18 min. © 2016 Reg. Price $315

Auscultation of Breath Sounds: Abnormal Breath Sounds M264BS
Breath sounds offer important and often diagnostic information about many health conditions related to pulmonary function. This program will cover the qualities of breath sounds, abnormal breath sounds and some of their associated conditions, and how to document your findings. Because auscultation is a subjective assessment, breath sounds are described using terminology standardized by the American Thoracic Society. After completing this course, you should be able to:
- List terms used to describe the qualities of breath sounds
- Identify common causes of abnormal breath sounds
- List the four main terms used by the American Thoracic Society to describe adventitious breath sounds
- Describe 3 abnormal vocal sounds

DVD runtime: 19 min. © 2016 Reg. Price $315

Intravenous Therapy Series

Intravenous Therapy: Basics and Venipuncture M266AR
Over 90% of hospital patients receive intravenous therapy, including medication, nutrition, electrolytes, and blood. These life-giving fluids are administered through an I.V. and can mean the difference between life and death for a patient. Updated with a new look and feel, and the latest venipuncture practices, this program describes the basics of intravenous therapy and demonstrates the correct technique for performing a venipuncture to initiate intravenous therapy. After completing this course, the learner should be able to:
- Describe the uses of I.V. therapy
- Identify appropriate sites for venipuncture
- Identify equipment used to provide I.V. therapy
- Perform a venipuncture

DVD runtime: 26 min. © 2016 Reg. Price $315

Intravenous Therapy: Routine Care and Discontinuation M266BR
After intravenous therapy has been started, the patient, the venipuncture site, and the I.V. system itself require regular monitoring and care. This care is necessary for the prevention or early detection of complications associated with I.V. therapy. Updated with a new look and feel, and the latest venipuncture practices, this program will demonstrate procedures for the routine care and the discontinuation of intravenous therapy. After completing this course, the learner should be able to:
- List items to note during a routine I.V. assessment
- Describe changing a peripheral catheter dressing
- Change an infusion container
- Change an administration set
- Describe the process and considerations for administering medications through an I.V.
- Change the dressing on a central venous catheter
- Describe the process for discontinuing a peripheral I.V. site


Intravenous Therapy: Recognizing and Treating Complications M266CR
During intravenous therapy, some patients can experience complications—either local, at the I.V. site, or systemic. Updated with a new look and feel, and the latest venipuncture practices, this program will focus on the identification of complications, their causes, and appropriate nursing interventions to take to support the patient and restore safe and effective therapy. After completing this course, the learner should be able to identify and address the following local and systemic complications of I.V. therapy: phlebitis; infiltration; extravasation; occlusions; vein irritation/pain at the venipuncture site; a severed catheter; hematoma; venous spasm; thrombosis/thrombophlebitis; nerve, tendon or ligament damage; circulatory overload; septicaemia; air embolism; and allergic reaction.

DVD runtime: 18 min. © 2016 Reg. Price $315

Intravenous Therapy: Pediatrics M266DR
Providing intravenous therapy for infants and children offers unique challenges and may have a different rationale for the I.V. therapy than with an adult. Updated with a new look and feel, and the latest venipuncture practices, this program demonstrates and describes I.V. therapy for pediatric patients. After completing this course, the learner should be able to:
- Describe specific I.V. therapy considerations for infants through school-age children
- Explain the unique hydration needs of pediatric patients
- Identify age-appropriate venipuncture sites for pediatric patients
- Describe venipuncture on a pediatric patient
- Explain the need for and techniques to protect pediatric I.V. sites
- Describe routine I.V. care and complications to be aware of or pediatric patients

DVD runtime: 18:45 min. © 2016 Reg. Price $315

Recognizing and Treating Complications M266CR
During intravenous therapy, some patients can experience complications—either local, at the I.V. site, or systemic. Updated with a new look and feel, and the latest venipuncture practices, this program will focus on the identification of complications, their causes, and appropriate nursing interventions to take to support the patient and restore safe and effective therapy. After completing this course, the learner should be able to identify and address the following local and systemic complications of I.V. therapy: phlebitis; infiltration; extravasation; occlusions; vein irritation/pain at the venipuncture site; a severed catheter; hematoma; venous spasm; thrombosis/thrombophlebitis; nerve, tendon or ligament damage; circulatory overload; septicaemia; air embolism; and allergic reaction.

DVD runtime: 18 min. © 2016 Reg. Price $315

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- Describe the uses of I.V. therapy
- Identify appropriate sites for venipuncture
- Identify equipment used to provide I.V. therapy
- Perform a venipuncture

DVD runtime: 26 min. © 2016 Reg. Price $315

Intravenous Therapy: Routine Care and Discontinuation M266BR
After intravenous therapy has been started, the patient, the venipuncture site, and the I.V. system itself require regular monitoring and care. This care is necessary for the prevention or early detection of complications associated with I.V. therapy. Updated with a new look and feel, and the latest venipuncture practices, this program will demonstrate procedures for the routine care and the discontinuation of intravenous therapy. After completing this course, the learner should be able to:
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DVD runtime: 18 min. © 2016 Reg. Price $315

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- Describe venipuncture on a pediatric patient
- Explain the need for and techniques to protect pediatric I.V. sites
- Describe routine I.V. care and complications to be aware of or pediatric patients

DVD runtime: 18:45 min. © 2016 Reg. Price $315
Fluids and Electrolytes Series

Fluids and Electrolytes: Basics  M250AR
Fluids are the basis of life. Water makes up about 60% of the average human body by weight. The body maintains a delicate balance between fluid being drained out of the body and fluid constantly being replenished in the body. Disturbances in this balance can both indicate and be caused by a variety of pathologies. Therefore, understanding and monitoring a patient’s fluid balance, electrolyte balance and acid-base balance is critical to providing care. This program provides nursing students, new nurses, and others with the basics of fluid balance, electrolyte balance, the main electrolytes in the body, and maintaining the acid-base balance in the human body. After completing this course, the learner should be able to describe:

- Basics of fluid balance
- Basics of electrolyte balance
- Main electrolytes in the body
- Acid-base balance in the human body

DVD runtime: 19:40 min. © 2015 Reg. Price $315

Fluids and Electrolytes: Fluid Volume Imbalances  M250BR
Fluid volume balance is a crucial measure of the state of a patient’s health. The body is constantly losing water through the skin, kidneys, lungs and GI tract. As fluid enters and exits, the simple amount of fluids in the body must remain in balance. This program will introduce various forms of fluid volume imbalances, the conditions that cause them and nursing interventions to correct them. After completing this course, you should be able to describe:

- The basics of dehydration
- Hypovolemia
- Hyperolemia
- Water intoxication
- General causes of volume imbalances
- Interventions
- Total parenteral nutrition (TPN)

DVD runtime: 21:44 min. © 2015 Reg. Price $315

Fluids and Electrolytes: Electrolyte Imbalances  M250CR
Body fluids are filled with dissolved salts and minerals called electrolytes that are ionized with an electrical charge. The electrolyte balance in the body’s fluids is absolutely crucial to many body processes, and imbalances can cause pathological conditions and even be life threatening. This program will discuss imbalances in some of the main electrolytes in the body. This program describes the following electrolytes and associated conditions:

- Sodium, hyponatremia, hypernatremia
- Potassium, hypokalemia, hyperkalemia
- Magnesium, hypomagnesemia, hypermagnesemia
- Calcium, hypocalcemia, hypercalcemia
- Phosphorous, hypophosphatemia, hyperphosphatemia
- Chloride, hypochloremia, hyperchloremia

DVD runtime: 21:44 min. © 2015 Reg. Price $315
**Blood Collection Series**

**AWARD WINNER! Blood Collection: Anatomy and Physiology  M284A**

Blood is the elixir of life. With every beat of the heart, blood circulates through the vessels of the body bringing the cells life-sustaining oxygen, nutrients, and hormones while removing waste products that can be toxic. This process continues second after second, minute after minute, day after day throughout life. This first program in the three-part Blood Collection series reviews the anatomic and physiologic considerations related to phlebotomy—the collection of blood—as well as describe the most common blood tests. After completing this course, the learner should be able to:

- Differentiate between the five types of blood vessels
- Identify the locations of three preferred sites for venipuncture
- Name the three formed elements found in blood
- Name the four blood types
- List seven common blood tests

DVD runtime: 20:46 min. © 2015 Reg. Price $315

*Award: Silver CINDY*

**Blood Collection: Performing Phlebotomy  M284B**

Phlebotomy is the collection of blood, which is done to assess person’s state of health, diagnose pathology, treat certain hematologic diseases, and for the collection of blood products like plasma. It can be performed by many healthcare professionals, including physicians, nurses, phlebotomists, and other providers. This second program in the three-part Blood Collection series will focus on performing venipuncture, troubleshooting problems with gaining venous access, and common complications. In addition, guidelines for documentation of the procedure will be presented. After completing this course, the learner should be able to:

- Identify the proper labeling used for various blood tests
- Describe the preparation procedure before drawing blood
- Explain the advantages and disadvantages of several equipment options for phlebotomy
- Describe the venipuncture procedure
- Explain the Emergency Nurses Association’s Clinical Practice Guidelines for taking a blood culture
- Describe the solutions to three common problems when performing phlebotomy
- List the proper information to include when documenting a blood draw

DVD runtime: 30:30 min. © 2015 Reg. Price $315

**Blood Collection: Special Considerations  M284C**

Venipuncture is more than just putting a needle into a patient’s arm and drawing blood. Many clients are adults who are in good health, have visible veins, and are unafraid of the procedure to have their blood sample obtained for testing. However, that is not always the case. This final program in the three-part Blood Collection series will focus on special considerations when performing phlebotomy on specific populations, including pediatric patients, the elderly, women who have had mastectomies, patients who are obese, and those who have needle phobia. After completing this course, the learner should be able to:

- Estimate the blood volume of patients in different developmental stages
- Describe techniques used to alleviate the stress of venipuncture
- Describe common behavioral reactions to venipuncture for children of different ages
- Explain the blood collection procedure for newborns, children, and elderly patients
- Identify precautions to be taken when drawing blood from women who have had mastectomies and patients who are obese
- Describe the proper approach to phlebotomy for patients with belonephobia

DVD runtime: 22 min. © 2015 Reg. Price $315
EKG Interpretation and Response Series

Each program includes 20 CE workbooks. Additional workbooks $1.50 each with minimum purchase of 20.

**EKG Interpretation and Response: Anatomy of the Heart, Reading an EKG**  
*78805AR-DVDL*

This course provides a brief summary and overview of the heart's components and functional properties as background for a discussion about electrocardiogram (EKG) interpretation. It also provides guidance on calculating heart rate on the EKG, autonomic nervous system effects, and how to assess sinus rhythm. After completing this course, you should be able to:
- Define the heart’s electrophysiologic properties, electrical conduction and mechanical response systems
- Interpret normal EKG waveforms
- Calculate heart rate on the EKG
- Assess the effects of the autonomic nervous system
- Assess normal sinus rhythm

**DVD runtime:** 23 min; Workbook 22 pages; Designated for 1 contact hr. of continuing nursing education.  © 2015  Reg. Price $295

**EKG Interpretation and Response: Sinus Dysrhythmias**  
*78805BR-DVDL*

The purpose of this course is to provide nurses with an explanation of terms that are key to understanding dysrhythmias, as well as important information about each type of dysrhythmia. This information is extremely valuable to the nurse’s ability to identify and analyze sinus dysrhythmias when they occur in patients. After completing this course, you should be able to:
- Explain the 7-Step Method to analyzing dysrhythmias
- Define and assess the characteristics of sinus dysrhythmias
- Define and assess the characteristics of sinus arrhythmia
- Define and assess the characteristics of sinus bradycardia
- Define and assess the characteristics of sinus tachycardia
- Define and assess the characteristics of sinus pause, sinus arrest and sinus block

**DVD runtime:** 14 min; Workbook 16 pages; Designated for 0.5 contact hr. of continuing nursing education.  © 2015  Reg. Price $295

**EKG Interpretation and Response: Atrial Dysrhythmias, Junctional Dysrhythmias, Heart Block**  
*78805CS-DVDL*

The purpose of this course is to provide nurses with information that is key to understanding the characteristics and interventional protocols for treating atrial dysrhythmias, junctional dysrhythmias and the various types of heart block. This information is extremely valuable to the nurse’s ability to identify and analyze these conditions when they occur in patients. After completing this course, you should be able to:
- Define and assess the characteristics of premature atrial contractions
- Define and assess the characteristics of paroxysmal atrial tachycardia
- Define and assess the characteristics of atrial fibrillation
- Define and assess the characteristics of atrial flutter
- Define and assess the characteristics of a junctional rhythm
- Define and assess the characteristics of a junctional tachycardia
- Define and assess the characteristics of the different types of heart block, including Mobitz type I and Mobitz type II

**DVD runtime:** 19 min; Workbook 20 pages; Designated for 0.5 contact hr. of continuing nursing education.  © 2015  Reg. Price $295

**EKG Interpretation and Response: Ventricular Dysrhythmias and Patient Care**  
*78805DS-DVDL*

The purpose of this course is to provide nurses with information that is key to understanding the characteristics and general treatment protocols for different types of ventricular dysrhythmias. It also covers the general responsibilities that nurses have in caring for patients with dysrhythmias. This information is extremely valuable to the nurse’s role in identifying and managing these conditions when they occur. After completing this course, you should be able to:
- Define and assess the characteristics of premature ventricular contractions
- Define and assess the characteristics of ventricular tachycardia
- Define and assess the characteristics of ventricular fibrillation
- Define and assess the characteristics of ventricular asystole
- Define and assess the characteristics of pulseless electrical activity
- Explain and execute the responsibilities involved in caring for patients with various types of dysrhythmias

**DVD runtime:** 14 min; Workbook 16 pages; Designated for 0.5 contact hr. of continuing nursing education.  © 2015  Reg. Price $295
The Challenge of Healthcare Literacy  M255R

It has become difficult for many members of the population to keep up with the recent changes to the world of healthcare. From prescriptions to medical instructions, these updates have created a level of confusion for many members of the population to where they are unable to neither understand their own healthcare needs nor make informed choices. Healthcare professionals must make every effort to provide healthcare information in a comprehensible format, without creating a sense of shame for those who struggle with healthcare literacy. Providers have to make sure that the strategies utilized are clearly understood. With a new look and feel, this program provides healthcare personnel clear techniques to utilize when facing a population with low healthcare literacy, as well as the actions to take to help all patients make informed healthcare choices. After completing this course, the learner should be able to:

- Describe the prevalence of low healthcare literacy
- Identify some of the causes of low healthcare literacy
- Describe patient behaviors that help to identify those with low healthcare literacy
- Identify the components of an informed consent and techniques assisting patients make informed healthcare choices

DVD runtime: 26:42 min.  © 2017  Reg. Price $315
The Human Immune System Series

Each program includes 20 CE workbooks. Additional workbooks $1.50 each with minimum purchase of 20.

The Human Immune System: Overview of Anatomy and Function M253AR-DVDL

The human immune system is perhaps the most complicated system in our bodies. It is composed of organs and chemicals that interact with one another to perform the miracle of defending us against pathogenic invaders. This program, the first of three, will explore the components of the immune system and describe how they work together to protect us. After completing this course, the learner should be able to:

- Discuss the main organs that comprise the human immune system—the thymus, the bone marrow and the cells it produces, the lymph system and the spleen
- Explain the role and importance of leukocytes
- Identify and discuss the two main functional divisions of the immune system—the innate system and the adaptive system
- Describe the innate immune system and its main sentinels and warriors, including macrophages, neutrophils, NK cells and others
- Describe the purposes and functions of the adaptive immune system

DVD runtime: 28:30 min; Workbook 24 pages; Designated for 1 contact hr. of continuing nursing education. © 2015 Reg. Price $345

The Human Immune System: The Immune Response M253BR-DVDL

Our bodies are the perfect breeding ground for pathogenic invaders. Some of these microorganisms can make people sick, some critically ill, and some are so virulent they can even kill their host. The human body responds with the organs and specialized cells of the immune system to defend itself and try to return to a state of good health. This second program in the series on the immune system will describe this defense process against the most common pathogens: bacteria and viruses. After completing this course, the learner should be able to:

- Discuss the major cells, chemicals and proteins that work together to fight off invading bacteria and viruses
- Explain in detail the process of the human body’s immune response to bacteria
- Explain in detail the process of the human body’s immune response to viruses

DVD runtime: 23 min; Workbook 24 pages; Designated for 1 contact hr. of continuing nursing education. © 2015 Reg. Price $345

The Human Immune System: When It Turns Against the Body M253CR-DVDL

This program will describe what happens when something goes wrong with the immune system. It will focus on allergies, asthma and other common autoimmune disorders. In addition, it will briefly explain primary and secondary dysfunctions, such as immunoglobulin deficiencies caused by genetic abnormalities as well as the effect certain types of medications have on the immune system. After completing this course, the learner should be able to:

- Discuss the causes and symptoms of various forms of allergies and asthma, as well as their treatment
- Explain how the various types of autoimmune disease occur, and what treatments are available for them
- Describe eight common autoimmune disorders

DVD runtime: 21:31 min; Workbook 26 pages; Designated for 1 contact hr. of continuing nursing education. © 2015 Reg. Price $345
Preventing Medication Errors Series
Each program includes 20 CE workbooks. Additional workbooks $1.50 each with minimum purchase of 20.

Preventing Medication Errors Part 1: General Recommendations for System-wide Change  M218TA-DVDL
One of the most common types of medical errors are errors involving medication. Fortunately, prevention measures have been shown to be greatly effective in reducing medication errors. This is the first in a 3-part series that focuses on medication errors and strategies that can be implemented to prevent their occurrence. In this program, general recommendations for system-wide changes to enhance medication safety will be discussed. After completing this course, the learner should be able to:
- Explain the various aspects of the “systems approach to error prevention,” including reporting systems, standardized safety procedures and safety training
- Describe the importance of applying lessons learned from sentinel events
- Identify the key attributes of building a new culture of safety to prevent medication errors

DVD runtime: 22:46 min; Workbook 20 pages; Designated for 0.5 contact hr. of continuing nursing education. © 2016 Reg. Price $279

Preventing Medication Errors Part 2: Sources of Errors and Basic Safety Practices  M218TB-DVDL
Medication errors are the most common form of medical mistake. This second program in a 3-part series will define the different events that may result from drug-related errors and identify the common sources of these mistakes. In addition, the eight rights of medication administration, which are the foundation for safe practice, will be described. After completing this course, the learner should be able to:
- Identify the different types of medication errors that can occur
- Define the eight “rights” of safe medication administration to help prevent medication errors

DVD runtime: 23:30 min; Workbook 20 pages; Designated for 0.5 contact hr. of continuing nursing education. © 2016 Reg. Price $279

Preventing Medication Errors Part 3: What Nurses Can Do  M218TC-DVDL
This final program in a three-part series on preventing medication errors describes best practice recommendations from the Joint Commission that nurses can put in place in their own day-to-day activities. This includes ways to increase patient involvement and education so that they can make a difference and protect themselves from medication errors. After completing this course, the learner should be able to:
- Describe safe medication practice measures recommended by the Joint Commission
- Describe the importance of involving patients themselves in the treatment process as a means of ensuring safer medication administration

DVD runtime: 22:30 min; Workbook 20 pages; Designated for 0.5 contact hr. of continuing nursing education. © 2016 Reg. Price $279

Medical Errors Series
Each program includes 20 workbooks. Additional workbooks $1.50 each with minimum purchase of 20.

Medical Errors: New Approaches to an Old Problem  M206UA-DVDL
In the years following the landmark study from the Institute of Medicine, To Error is Human, regulatory agencies and professional organizations have developed protocols and standards to reduce mistakes and enhance patient safety. While progress has been made, medical errors continue to be a leading cause of death. This program, the first in a three-part series, identifies the different types of medical errors, and discusses the “systems approach” method taken by a variety of government agencies and professional organizations to prevent medical errors. After completing this course, the learner should be able to:
- Define different terms used to describe medical errors
- Describe examples of each of the three factors contributing to medical errors
- List the eight most common types of medical errors
- Identify and explain the difference between the old approach and the new approach to preventing medical errors
- Describe the key action healthcare institutions must take to effectively prevent medical errors

DVD runtime: 23 min; Workbook 20 pages; Designated for 0.5 contact hr. of continuing nursing education. © 2015 Reg. Price $279

Medical Errors: Prevention Practices  M206UB-DVDL
Medical Errors: Prevention Practices, the second in a three-part series on preventing Medical Errors, discusses important changes in healthcare practice that provide strategies for reducing most medical errors and improving patient safety. This includes development of standardized safety procedures and the implementation of the Joint Commission’s National Patient Safety Goals and Universal Protocol for Preventing Wrong Site, Wrong Procedure and Wrong Person Surgery. After completing this course, the learner should be able to:
- Describe the overall goals of prevention practices, and why implementing them is so important
- Identify four general patient safety practices that can be employed in all types of health delivery systems
- Provide an example of a safe practice for each of seven common types of medical errors
- Provide an example of a safe practice in each of four common areas of patient harm

DVD runtime: 22:44 min; Workbook 22 pages; Designated for 0.5 contact hr. of continuing nursing education. © 2015 Reg. Price $279

Medical Errors: Preventing Medication Errors  M206UC-DVDL
Errors that occur when providing medication is one of the most common and most avoidable types of medical errors. Medical Errors: Preventing Medication Errors, the final program in the three-part series on preventing Medical Errors, provides an overview of the different kinds of medication errors that can occur, and offers specific guidance on how nursing staff can prevent these errors. This includes implementation of safety recommendations from the Joint Commission, FDA, Institute of Safe Medication Practices, and other organizations described in this program. After completing this course, the learner should be able to:
- Identify the different types of medication errors that can occur
- Explain the steps that must be taken in daily practice to successfully prevent medication errors
- Describe the National Patient Safety Goals that specifically address medication errors
- Identify key precautions that can be incorporated into daily nursing practice to help protect patients from the possibility of medication errors

DVD runtime: 30 min; Workbook 24 pages; Designated for 0.5 contact hr. of continuing nursing education. © 2015 Reg. Price $279
Now Available

Confidentiality Series

Each program includes 20 workbooks. Additional workbooks $1.50 each with minimum purchase of 20.

Confidentiality: HIPAA Regulations  M283A-DVDL
Protecting personal health information is not only the law, but also an ethical and moral obligation of all healthcare professionals. This program will concentrate on HIPAA Title II, the Administrative Simplification section of HIPAA. This regulation focuses on two things: the security and privacy of protected health information and the national standards for its transfer. After completing this course, you should be able to:
• Describe the Administrative Simplification guidelines and codes
• Define PHI
• Provide examples of when patient authorization is needed for the release of PHI
• List exemptions to the Privacy Rule
• Name and describe the three safeguards of the Security Rule
DVD runtime: 14:45 min; Workbook 20 pages; Designated for 0.5 contact hr. of continuing nursing education. © 2015  Reg. Price $229

Confidentiality: How to Maintain Patient Confidentiality  M283B-DVDL
Confidentiality is the foundation for trust in the patient-caregiver relationship. Efforts to maintain and protect confidential information once focused solely on paper medical records. But as communication technology has made it possible to easily store and transmit enormous amounts of medical information through computerized databases, fax machines, and the internet, there is an increased danger that confidential information may be revealed to inappropriate individuals. After completing this course, you should be able to:
• Describe various ways to preserve confidentiality in daily practice
• Identify ways to keep electronically stored information private
• Follow guidelines for maintaining confidentiality when leaving messages
• Describe how privacy rules govern conversations with coworkers
DVD runtime: 17:22 min; Workbook 21 pages; Designated for 0.5 contact hr. of continuing nursing education. © 2015  Reg. Price $229

Confidentiality: Vignettes  M283C-DVDL
Nurses are required to protect the confidentiality of patient healthcare and personal information as part of their professional duties. Not only is this required by federal law, but it is foundational to the trust in a patient-caregiver relationship. However, it is not always easy to know precisely what to do in every situation. To help learners think through and prepare for these situations, this program presents a number of scenarios, in a variety of nursing situations, and asks the learner to use critical thinking skills to decide if the correct decision about confidentiality is being made in each case. After completing this course, you should be able to:
• Identify different types of actions and responses that constitute breach of privacy
• Describe some of the consequences of breach of privacy
• Identify privacy rules in special settings
• Describe some exceptions to the privacy laws
DVD runtime: 14 min; Workbook 20 pages; Designated for 0.5 contact hr. of continuing nursing education. © 2015  Reg. Price $229
National Patient Safety Goals for Long Term Care 2017  M233R18

This program provides nurses and other healthcare professionals with an understanding of the Joint Commission's National Patient Safety Goals for long term care environments.

While the Joint Commission’s National Patient Safety Goals for long term care are largely unchanged for 2017, the Joint Commission did revise the Elements of Performance related to preventing catheter-associated urinary tract infections (CAUTI) for meeting the goal of reducing the risk of healthcare-associated infections. This program has been updated to reflect this change.

The following goals, and the elements of practice to meet these goals, are described in this program:

- Improve the accuracy of resident identification
- Improve the safety of using medications
- Reduce the risk of health care-associated infections
- Reduce the risk of resident harm resulting from falls
- Prevent healthcare-associated pressure ulcers

The program also describes a sample model of a resident safety plan that the Commission has suggested for every institution.

The goal of this program is to define and discuss the Joint Commission’s National Patient Safety Goals for long term care environments for 2017, including the problems and concerns that led to its implementation. The program provides a detailed review of the various patient safety goals for long term care that have been identified for implementation, plus the Elements of Performance that will be required to meet these goals. After completing this course, the learner should be able to:

- Identify the concerns and problems that led to development of the Joint Commission’s NPSG
- Describe the patient safety goals for long term care settings
- Identify and implement the key Elements of Performance developed to accomplish the patient safety goals

DVD runtime: 26 min. © 2016 Reg. Price $199

Award Winner!
When Someone You Love Can’t Live At Home  M285

The experience of finding the right long term care setting can be emotional, overwhelming, and full of questions: There are so many options, which is right? How will this be paid for? How can I tell they’re getting good care when they’re not getting any better? Am I doing the right thing? When Someone You Love Can’t Live At Home gives viewers a start to finding the right long term care solution for their loved ones. It describes what needs to be done, what considerations to look at, how to find the best fit for each situation. This program describes:

- Finding the right care option
- What to look for at a facility
- Costs and legal considerations
- Resident rights
- The natural process of aging

DVD runtime: 23 min. © 2016 Reg. Price $149, quantity discounts available

Award: Gold CINDY

Fall Prevention in Long Term Care Series

Each program includes 20 workbooks. Additional workbooks $1.50 each with minimum purchase of 20.

Fall Prevention in Long Term Care Part 1: Risk Assessment  M201SA-DVDL

Falls among older residents and other at-risk residents are very common. This program will cover the importance of making a risk assessment for each person in your care, and a risk assessment of the environment at the facility. This is the first program in Medcom’s Fall Prevention series—updated with a new look and feel—that can help you and your institution meet the Joint Commission’s National Patient Safety Goals for Long Term Care.

After completing this course, the learner should be able to:

- Identify the seven crucial screening factors that must be assessed to determine a resident’s level of fall risk
- Conduct a thorough risk assessment of the environment throughout the facility
- Accurately identify which residents are at risk for trips and falls in the facility
- Educate at risk residents and their family members about the specific risk factors associated with their condition, and review strategies to minimize them
- Utilize a variety of tools and techniques to minimize fall risk in the resident environment

DVD runtime: 19 min; Workbook 20 pages; Designated for 0.5 contact hr. of continuing nursing education. © 2015 Reg. Price $229

Fall Prevention in Long Term Care Part 2: Preventive Strategies and Products  M201SB-DVDL

Falls are associated with increased morbidity and mortality, especially for those over 65. This program provides nurses and other healthcare providers with information about the wide variety of preventative strategies and products that can be used to reduce the risk of injury from falls. This is the second program in Medcom’s Fall Prevention series—updated with a new look and feel—that can help you and your institution meet the Joint Commission’s National Patient Safety Goals for Long Term Care.

After completing this course, the learner should be able to:

- Identify the risk or level of risk for residents
- Implement preventative strategies and nursing procedures to reduce the risk of falls for residents
- Utilize a wide range of tools and products designed to prevent falls and protect residents from fall-related injuries

DVD runtime: 17 min; Workbook 20 pages; Designated for 0.5 contact hr. of continuing nursing education. © 2015 Reg. Price $229

Fall Prevention in Long Term Care Part 3: A Comprehensive Fall Prevention Program  M201SC-DVDL

Falls are associated with increased morbidity and mortality, especially for those over 65. This program will describe creating a comprehensive fall reduction program. In addition, the steps to make to a post-fall report will be provided. This is the third program in Medcom’s Fall Prevention series—updated with a new look and feel—that can help you and your institution meet the Joint Commission’s National Patient Safety Goals for Long Term Care.

After completing this course, the learner should be able to:

- Identify the purpose and duties of a fall prevention committee
- Explain the importance of defining risk assessment policies and procedures within the facility
- Describe the importance of defining fall prevention protocols, educating fellow staff members and monitoring the effectiveness of protocols once they have been put in place
- Outline important points to cover in a post-fall assessment and root cause analysis

DVD runtime: 21:49 min; Workbook 22 pages; Designated for 0.5 contact hr. of continuing nursing education. © 2015 Reg. Price $229
**Blood Collection for Medical Assistants Series**

**Blood Collection for Medical Assistants:**  
**Anatomy and Physiology MA108A**

Blood is the elixir of life. With every beat of the heart, blood circulates through the vessels of the body bringing the cells life-sustaining oxygen, nutrients, and hormones while removing waste products that can be toxic. This process continues second after second, minute after minute, day after day throughout life. This first program in the three-part Blood Collection series is designed for medical assistant training. It reviews the anatomic and physiologic considerations related to phlebotomy—the collection of blood—as well as describe the most common blood tests. After completing this course, the learner should be able to:

- Differentiate between the five types of blood vessels
- Identify the locations of three preferred sites for venipuncture
- Name the three formed elements found in blood
- Name the four blood types
- List seven common blood tests

**DVD runtime: 20:46 min. © 2015 Reg. Price $199**

**Blood Collection for Medical Assistants:**  
**Performing Phlebotomy MA108B**

Phlebotomy is the collection of blood, which is done to assess person’s state of health, diagnose pathology, treat certain hematologic diseases, and for the collection of blood products like plasma. This second program in the three-part Blood Collection series designed for medical assistant training. It focuses on performing venipuncture, troubleshooting problems with gaining venous access, and common complications. In addition, guidelines for documentation of the procedure will be presented. After completing this course, the learner should be able to:

- Identify the proper labeling used for various blood tests
- Describe the preparation procedure before drawing blood
- Explain the advantages and disadvantages of several equipment options for phlebotomy
- Describe the venipuncture procedure
- Explain the Emergency Nurses Association's Clinical Practice Guidelines for taking a blood culture
- Describe the solutions to three common problems when performing phlebotomy
- List the proper information to include when documenting a blood draw

**DVD runtime: 30 min. © 2015 Reg. Price $199**

**Blood Collection for Medical Assistants:**  
**Special Considerations MA108C**

Venipuncture is more than just putting a needle into a patient’s arm and drawing blood. Many clients are adults who are in good health, have visible veins, and are unafraid of the procedure to have their blood sample obtained for testing. However, that is not always the case. This is the final program in the three-part Blood Collection series designed for medical assistant training. It focuses on special considerations when performing phlebotomy on specific populations, including pediatric patients, the elderly, women who have had mastectomies, patients who are obese, and those who have needle phobia. After completing this course, the learner should be able to:

- Estimate the blood volume of patients in different developmental stages
- Describe techniques used to alleviate the stress of venipuncture
- Describe common behavioral reactions to venipuncture for children of different ages
- Explain the blood collection procedure for newborns, children, and elderly patients
- Identify precautions to be taken when drawing blood from women who have had mastectomies and patients who are obese
- Describe the proper approach to phlebotomy for patients with belonephobia

**DVD runtime: 21:51 min. © 2015 Reg. Price $199**
Now Available

This insert includes programs now available since catalog publication in January, 2015

**Moderate or Procedural Sedation Series**

**Moderate or Procedural Sedation:**

**Patient Assessment and Monitoring**  78804AS

The nurse has an important role in caring for patients who receive moderate, or procedural, sedation before, during, and after diagnostic and therapeutic procedures. This program focuses on intravenous administration of moderate, or procedural sedation as this route shortens recovery times and reduces risk for patients having minor surgery and endoscopic procedures. After completing this course, you should be able to:

- Define the degrees of sedation and anesthesia
- Describe the nurse’s pre-operative responsibilities in moderate sedation
- Describe the nurse’s peri-operative responsibilities in moderate sedation
- Describe the nurse’s post-operative responsibilities in moderate sedation

DVD runtime: 21:17 min.  © 2015  Reg. Price $315

**Moderate or Procedural Sedation: Preventing and Managing Complications; Sedation in Children**  78804BS

Not all patients are good candidates for moderate, or procedural, sedation. Pregnant women, and patients with kidney, liver, and cardiac disease may be excluded from receiving sedating drugs, as well as those patients with respiratory compromise, acute narrow angle glaucoma, unstable arrhythmias. In addition, young children, infants, neonates must be treated with caution. The purpose of this program is to provide nurses and others an understanding of monitoring and managing complications of moderate sedation, and the special responsibilities of performing moderate sedation on children. After completing this course, you should be able to:

- Identify complications of moderate sedation
- Describe the safe use of reversal drugs
- Define the nurse’s responsibilities during moderate sedation of children
- Describe discharge criteria after moderate sedation of children

DVD runtime: 23:38 min.  © 2015  Reg. Price $315
**LPN Onsite Scope of Practice Series for LPNs**

Program 1: The Path to Optimizing Care and Outcomes  **LPN100**

This is the first of a four-part scope of practice learning series for licensed practical nurses (LPNs) working in long term and post-acute care facilities. This program uses peer-to-peer learning with working LPNs sharing their insights to describe the role of the LPN, and essential tools LPNs can use to optimize care and outcomes. This program has been reviewed and endorsed by the National Association of Directors of Nursing in Long Term Care (NADONA). After viewing this program, learners should be able to:

- List three factors that will impact the work of LPNs for the foreseeable future
- Explain how, under the direction of an RN, LPNs can contribute to each phase of the nursing process
- Describe four kinds of data typically collected by LPNs and its importance in optimizing care
- Describe how observation and critical thinking skills are used to optimize care


Program 2: A Question of Scope  **LPN101**

This is the second of a four-part scope of practice learning series for licensed practical nurses (LPNs) working in long term and post-acute care facilities. LPNs are vital to optimizing patient care, but there are a number of areas where they are limited by their license. This program identifies typical activities LPNs are not allowed to perform, and shows how they can contribute and support these activities being performed by RNs and other approved licensed providers. This program has been reviewed and endorsed by the National Association of Directors of Nursing in Long Term Care (NADONA). After viewing this program, learners should be able to:

- Explain how to know if he/she has overstepped his/her scope of practice
- Describe who defines an LPNs scope of practice and why
- Identify two factors that determine the degree of direction an RN will give an LPN
- List five reasons an LPN should decline an assigned task


Program 3: LPNs, Data Collection and the Assessment Process  **LPN102**

This is the third of a four-part scope of practice learning series for licensed practical nurses (LPNs) working in long term and post-acute care facilities. LPNs play a vital role in the patient assessment process. Although they cannot perform comprehensive assessments, they contribute and support this process through data collection, observation, and reporting. This program describes these processes, and has been reviewed and endorsed by the National Association of Directors of Nursing in Long Term Care (NADONA). After viewing this program, learners should be able to:

- Describe the nursing assessment process
- Explain the LPNs role in the assessment process
- List four examples of changes in a patient that should be recognized and reported promptly
- Identify four key sources of patient data
- Describe three purposes for establishing a baseline of the patient’s health status


Program 4: The Power of Observation, Critical Thinking, and Proof of Performance  **LPN103**

This is the final program in the four-part scope of practice learning series for licensed practical nurses (LPNs) working in long term and post-acute care facilities. Observation and critical thinking play a key role in the LPN’s ability to optimize patient outcomes. This program demonstrates and describes in detail how observation and critical thinking are used to provide quality patient care. It provides peer-to-peer learning through the use of seven case studies that feature working LPNs sharing their insights to resolving patient care challenges. This program has been reviewed and endorsed by the National Association of Directors of Nursing in Long Term Care (NADONA). After viewing this program, learners should be able to:

- Describe four key elements of the observation process
- Explain the critical thinking process and how it is used to optimize patient care

This insert includes programs now available since catalog publication in January, 2015

**Essential Nursing Informatics Series**

**Essential Nursing Informatics: Introduction M286A**
Informatics has been called the intersection where health and information technology meet. Informatics connects healthcare professionals with information they need to both promote and provide a higher quality of care, as well as patient safety. But what, exactly is nursing informatics? This program is the first in a three-part series that provides an overview of the essential elements of nursing informatics, and how informatics can be used with a focus on patient care. After viewing the program, the learner will be able to:

- Define nursing informatics
- Describe how the American Recovery and Reinvestment Act spurred the growth of electronic medical records
- Explain the difference between computer hardware and software
- Describe five general types of informatics technology used for patient care

**Essential Nursing Informatics: Impact on Healthcare and Quality Initiatives M286B**
Nursing informatics can increase accurate communication, help create an environment of greater efficiency, and help reduce errors resulting in improved patient safety. In many ways, the backbone for these improvements is the electronic health record (EHR). This program is the second in a three-part series that provides an overview of the essential elements of nursing informatics, and describes how EHR works with informatics to improve patient care. After viewing the program, the learner will be able to:

- List and explain the positive impacts of informatics in healthcare for the patient, facility, and personnel
- Describe different examples of quality initiatives to better improve the function of the healthcare system
- Discuss how technology has advanced the field of healthcare to make it more efficient
- Explain how to use different forms of technology for better quality service in healthcare

**Essential Nursing Informatics: Impact on Nursing M286C**
Technological advances have improved different sectors within society, and informatics has done this for nursing. This improvement has led to better systems that leave less margin for error, and its impact can be seen within the field of nursing. This program, the final in a three-part series, provides overview of the essential elements of nursing informatics, and how informatics can be used with a focus on patient care. After viewing the program, the learner will be able to:

- Explain how informatics has revolutionized the field of nursing
- Delineate the details of the Technology Informatics Guiding Education Reform (TIGER) guidelines
- Differentiate between the role of an informatics nurse (IN) and an informatics nurse specialist (INS)
- List the duties of informatics nurses as project managers

DVD runtime: 22 min. © 2017 Reg. Price $315

DVD runtime: 19:30 min. © 2017 Reg. Price $315

DVD runtime: 26 min. © 2017 Reg. Price $315
Evidence-Based Practice: What It Is and What It Is Not  M257S

What is evidence-based practice, and where does evidence-based practice fit into the professional practice of nursing? This program—now updated with a new look and feel—presents the learner with important concepts about the relationship between nursing practice and nursing research, and how evidence-based practice influences decisions, interventions and evaluation of nursing care. After completing this course, the learner should be able to:

• Define evidence-based practice
• Explain the process for using research to improve patient care
• Describe the development of a nursing plan of care using evidence-based practice

DVD runtime: 21 min. © 2017 Reg. Price $315

Nursing Theory: Application to Nursing Practice  M256R-DVDL

Nursing theory is the foundation of knowledge for the direction and delivery of nursing care, and is used to describe, explain, predict and develop a plan of nursing care. This program presents the learner with important concepts about how nursing theory is applied to the care of patients. After completing this course, the learner should be able to:

• Define nursing theory and gain an understanding of its importance and application
• Define and distinguish between “grand theories” and mid-range theories
• Implement an expanded nursing assessment
• Perform appropriate nursing interventions and evaluations

Program includes 20 CE workbooks. Additional workbooks $1.50 each with minimum purchase of 20.
DVD runtime: 20 min; Workbook 20 pages; Designated for 1 contact hr. of continuing nursing education. © 2017 Reg. Price $345

Nursing Process and Critical Thinking Series

Nursing Process and Critical Thinking:
The Nursing Process  78792R

The Nursing Process is an essential decision-making system used by nurses to meet the healthcare needs of patients. It can be used in any setting and it allows for specific, individualized and holistic activities that promote the patient’s return to optimum health. This program provides a description of each of the five steps of the nursing process, and demonstrates their application in a realistic patient case scenario. After viewing the program, the learner will be able to:

• Define the nursing process
• List and describe each of the 5 steps of the nursing process
• Explain the value of using the nursing process to improve patient care

DVD runtime: 26:51 min. © 2015 Reg. Price $249

Nursing Process and Critical Thinking:
Critical Thinking in the Nursing Process  78793R

Adapting to new and increasing healthcare technology and coping with multiple nursing and medical priorities has required nurses to develop essential critical thinking and reason skills. Critical thinking is the rational examination and analysis of available information that leads to the formulation of conclusions and alternatives that are the most appropriate for the situation and it is an essential part of the nursing process. This program will demonstrate how critical thinking skills are applied to clinical practice through the use of 12 vignettes that follow a nursing student and her colleagues as they care for a chronically ill patient. After viewing the program, the learner will be able to:

• Define critical thinking as an organized way of thinking
• Identify and briefly describe selected elements of critical thinking
• Explain how critical thinking is essential in the nursing process

DVD runtime: 26 min. © 2015 Reg. Price $249
Obstetrical Nursing: Newborn Stabilization and Care  
**78798GS-DVDL**
While most births occur naturally and without complication, some do not. By understanding basic newborn stabilization and care practices, the nurse can help to create a positive delivery outcome for her patients. After completing this course, the learner should be able to:
- Discuss physiological changes that occur at birth that allow the neonate to adapt to life outside the uterus
- Assess and provide for the stabilization needs of the healthy neonate
- Explain the use of the Apgar test
- Describe the key steps that must take place if the newborn is suffering from respiratory distress

DVD runtime: 17:19 min; Workbook 20 pages; Designated for 0.5 contact hr. of continuing nursing education. © 2015 Reg. Price $345

Obstetrical Nursing: Caring for the Postpartum Patient  
**78798HS-DVDL**
During the postpartum period of care, the patient may require a notable amount of physical and psychological care. This course focuses on the physiological, psychological and emotional changes a woman goes through during the postpartum period, and includes information that can assist the nurse in caring for and reassuring her postpartum patients. The course also discusses the importance of emotional support and patient education during the postpartum phase of care. After completing this course, the learner should be able to:
- List and discuss the physiological changes that occur in the postpartum patient
- List and discuss the psychological and emotional changes that can occur in the postpartum patient
- Describe and perform physical assessment of the postpartum patient
- Discuss the nurse’s primary role during postpartum care
- Discuss the importance of emotional support and patient education during the postpartum phase of care

DVD runtime: 17:12 min; Workbook 20 pages; Designated for 0.5 contact hr. of continuing nursing education. © 2015 Reg. Price $345
Pain Management Series

Pain Management:
The Pain Process & Patient Assessment  78800AR
This program describes psychophysiological factors and other elements involved in the pain process. It describes the techniques of a thorough pain assessment, and identifies outcomes needed for an effective pain management program. After completing this course, you should be able to:
• Explain the physiological processes involved in pain
• Describe other processes, such as psychological and social, involved in the subjective experience of pain
• Describe the techniques of pain assessment
• List the outcomes of a pain management program
DVD runtime: 25:10 min. © 2015  Reg. Price $295

Pain Management:
Pharmacological Treatment & Classification of Pain  78800BR
This second program in the four part pain series will examine the three major groups of medications used to treat and manage pain: non-opioids, opioids, and adjuvants. It will also examine pain’s etiology and expected treatment cycle. Using this approach, it classifies pain as: acute, chronic non-malignant, and chronic malignant. After completing this course, you should be able to:
• Describe the uses of non-opioid pain medications
• Explain the uses of opioid pain medications
• Describe the uses of adjuvant medications
• Explain the differences between acute, chronic and chronic malignant pain
DVD runtime: 20:57 min. © 2015  Reg. Price $295

Pain Management: Physical and Cognitive Treatment  78800CR
This program examines the patient’s pain experiences and shows how these experiences impact the caregiver’s pain management strategies. In addition, complimentary treatment modalities commonly used in comprehensive pain management programs are examined. Complimentary pain treatment refers to the use of non-pharmacological treatments for relieving or reducing pain. After completing this course, you should be able to:
• Describe the types of distraction therapies used in pain relief
• Describe the types of relaxation therapies used in pain relief
DVD runtime: 19:46 min. © 2015  Reg. Price $295

Pain Management: Treatment for Special Populations  78800DS
This last of four programs on pain management will examine the development of pain management programs for special populations: those who deny their pain, those not fully conscious, those with dementia, and age-specific groups from neonates to the elderly. After completing this course, you should be able to:
• Explain pain assessment and management for those not fully conscious
• Describe pain assessment and management for those with dementia
• Explain pain assessment and management for different age groups
DVD runtime: 22 min. © 2015  Reg. Price $295
Pediatric Pain Management Series

Pediatric Pain Management: Understanding Pediatric Pain  M263AR
Pain in childhood that is not adequately addressed can be detrimental to physical, emotional and academic development. It is critical that healthcare providers be able to evaluate pain in children and provide the means to alleviate it. The Pediatric Pain Management series has been updated with a new look and feel. This program provides nurses and other healthcare professionals with an overview of pediatric pain. After completing this course, the learner should be able to:
- Define types of pain
- Identify the main misconceptions about pain among pediatric patients
- Differentiate between acute, chronic and procedural pain
- Distinguish between nociceptive pain and neuropathic pain
- Explain the different ways in which children understand, process and express pain
DVD runtime: 16:30 min.  © 2017  Reg. Price $315

Pediatric Pain Management: Assessing Pediatric Pain  M263BR
No pediatric patient should have to endure pain. But the discomfort many children feel because of injury, illness, or medical intervention may be missed because of inadequate assessment techniques. It is critical that healthcare providers be able to evaluate pain in children and provide the means to alleviate it. The Pediatric Pain Management series has been updated with a new look and feel. This program is designed to give nurses the ability to assess pain in pediatric patients of all ages and abilities. After completing this course, the learner should be able to:
- Describe an evidence-based assessment of pediatric pain
- Take a pain history
- Explain the use of regular pain evaluations using objective criteria and/or standardized scales
- Describe the use of the PQRST mnemonic and other standard methods to assess the child’s pain
- Use both non-verbal and self-reporting tools to measure a child’s pain
- Describe physiologic signs of pediatric pain
- Utilize behavioral observation scales to assess pediatric pain
DVD runtime: 10:30 min.  © 2017  Reg. Price $315

Pediatric Pain Management: Treating Pediatric Pain  M263CR
Pediatric pain can be difficult to manage for many healthcare providers, which can lead to undertreatment. There is a common misconception that children experience pain in the same way as adults, but this has been challenged. Nonetheless, the pain must be understood in order for it to be treated or alleviated in any way. Healthcare providers must do all that they can to help pediatric patients describe the pain, so that it can be effectively treated. The Pediatric Pain Management series has been updated with a new look and feel. This program provides healthcare personnel with the necessary techniques to utilize when treating pediatric pain, as well as working with children to explain it. After completing this course, the learner should be able to:
- Compare and contrast the different types of non-pharmacological pain treatments
- Recommend pharmacological pain treatments best for pediatric patients of all ages
- Define cognitive, behavioral, and physical interventions as non-pharmacological therapies for pain
- Explain the three-step analgesic ladder for the management of cancer pain
- Identify techniques to manage different types of pain
DVD runtime: 11:50 min.  © 2017  Reg. Price $315

Child Abuse Series

Child Abuse: Introduction and Neglect  78868A-DVDL
Child abuse has been described as a silent epidemic, which strikes infants, youngsters, and teens without prejudice. These victims come from all socioeconomic groups, races, and religions. This first of three programs will discuss the broad concepts of child abuse, including its prevalence in the United States and the characteristics of families and children who are at risk for its occurrence. It will also focus on the most common form of abuse, neglect. After completing this course, you should be able to:
- Define child abuse
- List four types of child abuse
- Identify four characteristics typical of child abusers
- Define neglect
- List five categories of neglect
- Describe signs of neglect in children at various ages
Program includes 20 CE workbooks. Additional workbooks $1.50 each with minimum purchase of 20.
DVD runtime: 18:36 min; Workbook 22 pages; Designated for 0.5 contact hr. of continuing nursing education.  © 2015  Reg. Price $345

Child Abuse: Physical & Psychological Abuse  78868B-DVDL
Child abuse has been described as a silent epidemic, which strikes infants, youngsters, and teens without prejudice. These victims come from all socioeconomic groups, races, and religions. This second of three programs will focus on two types of maltreatment: physical and psychological abuse. After completing this course, you should be able to:
- Define physical and psychological abuse
- List characteristics of children at risk for physical abuse
- Describe characteristics of parents who are physically and/or psychologically abusive
- Identify signs of physical abuse and how they can occur in different areas of the body
- Identify behaviors in both children and caretakers that indicate that abuse may have taken place
- List seven signs in the child that may indicate psychological abuse has or is occurring
Program includes 20 CE workbooks. Additional workbooks $1.50 each with minimum purchase of 20.
DVD runtime: 18:30 min; Workbook 22 pages; Designated for 0.5 contact hr. of continuing nursing education.  © 2015  Reg. Price $345

Child Abuse: Sexual Abuse  78868C
Healthcare professionals have to deal with all types of patients and situations that are difficult. Yet one of the most disturbing things they have to encounter is the abuse of an innocent child. This is especially challenging when they have to interview the parent or caregiver they believe is responsible for the maltreatment. This program provides an overview of the issue of child abuse in the United States as well as detailed information on identifying various types and signs of sexual abuse, the responsibilities of healthcare providers when caring for victims, and the reporting of maltreatment. After completing this course, you should be able to:
- Describe the characteristics of perpetrators and victims of sexual abuse
- Describe types of sexual abuse and the phases of sexual abuse
- Identify the signs of sexual abuse
- Describe professional responsibilities relating to sexual abuse
- Describing the duty and responsibilities of professionals in reporting abuse
DVD runtime: 19 min.  © 2015  Reg. Price $315
Fall Prevention Series

Fall Prevention Part 1: Risk Assessment  M202SA
Falls among older patients and at-risk patients are very common. This program will cover the importance of making a risk assessment for each person in your care, and a risk assessment of the environment at the facility. This is the first program in Medcom’s Fall Prevention series—updated with a new look and feel—that can help you and your institution meet the Joint Commission’s National Patient Safety Goals. After completing this course, the learner should be able to:
- Identify the seven crucial screening factors that must be assessed to determine a patient’s level of fall risk
- Conduct a thorough risk assessment of the environment throughout the facility
- Accurately identify which patients are at risk for falls and falls in a hospital
- Educate at-risk patients and their family members about the specific risk factors associated with their condition, and review strategies to minimize them
- Utilize a variety of tools and techniques to minimize fall risk in the patient environment

DVD runtime: 19 min. © 2015 Reg. Price $199

Fall Prevention Part 2: Preventive Strategies and Products  M202SB
Falls are associated with increased morbidity and mortality, especially for those over 65. This program provides nurses and other healthcare providers with information about the wide variety of preventative strategies and products that can be used to reduce the risk of injury from falls. This is the second program in Medcom’s Fall Prevention series—updated with a new look and feel—that can help you and your institution meet the Joint Commission’s National Patient Safety Goals. After completing this course, the learner should be able to:
- Identify the risk or level of risk for patients
- Implement preventative strategies and nursing procedures to reduce the risk of falls for patients
- Utilize a wide range of tools and products designed to prevent falls and protect patients from fall-related injuries

DVD runtime: 16:46 min. © 2015 Reg. Price $199

Fall Prevention Part 3:
A Comprehensive Fall Prevention Program  M202SC
Falls are associated with increased morbidity and mortality, especially for those over 65. This program will describe creating a comprehensive fall reduction program. In addition, the steps to make to a post-fall report will be provided. This is the third program in Medcom’s 3-part Fall Prevention series—updated with a new look and feel—that can help you and your institution meet the Joint Commission’s National Patient Safety Goals. After completing this course, the learner should be able to:
- Identify the purpose and duties of a fall prevention committee
- Explain the importance of defining risk assessment policies and procedures within the facility
- Describe the importance of defining fall prevention protocols, educating fellow staff members and monitoring the effectiveness of protocols once they have been put in place
- Outline important points to cover in a post-fall assessment and root cause analysis

DVD runtime: 21 min. © 2015 Reg. Price $199

National Patient Safety Goals 2017  M223R19
While the Joint Commission’s National Patient Safety Goals are largely unchanged for 2017, the Joint Commission did revise the Elements of Performance related to preventing catheter-associated urinary tract infections (CAUTI) for meeting the goal of reducing the risk of healthcare-associated infections. This program has been updated to reflect this change.

The goals emphasized in National Patient Safety Goals 2017 are targeted to facilities with the following healthcare environments:
- Ambulatory Care
- Office-Based Surgery
- Critical Access Hospitals
- Hospitals

This program describes the following patient safety goals:
- Improve the accuracy of patient identification
- Improve the effectiveness of communication among caregivers
- Improve the safety of using medications
- Reduce the risk of healthcare-associated infections
- Improve the safety of clinical alarm systems
- The organization identifies safety risks inherent in its patient population

The goal of this program is to define and discuss the Joint Commission’s National Patient Safety Goals for 2017, including the problems and concerns that have led to its implementation. The program provides a detailed review of the various patient safety goals that have been identified for implementation, plus the Elements of Performance that will be required to meet these goals. After completing this course, you should be able to:
- Identify the concerns and problems that led to development of the Joint Commission’s NPSG
- Describe the patient safety goals for acute settings
- Identify and implement the key Elements of Performance developed to accomplish the patient safety goals

DVD runtime: 28 min. © 2016 Reg. Price $315

Fire Safety in Healthcare Facilities  78813R
Fire is a serious threat for any healthcare facility. Every healthcare employee must be prepared to respond quickly and efficiently if a fire occurs. This program covers the information every employee needs to know.
- Describes fire safety procedures based on RACE (Remove, alarm, contain, extinguish)
- Details the steps to follow when there is a fire within a facility
- Discusses potential fire hazards found within healthcare facilities
- Demonstrates the proper procedure for using a fire extinguisher
- Demonstrates various evacuation carries which can be used to safely and quickly evacuate residents

DVD runtime: 12 min. © 2013 Reg. Price $199